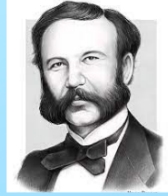




FOUNDER OF YOUTH RED CROSS



SIR JEAN HENRY DUNANT



UNIVERSITY YOUTH RED CROSS

BULLETIN OF INFORMATION AND BRIEF REPORT OF ACTIVITIES
(FROM 1ST AUGUST 2019 TO 31ST JULY 2020)

HEALTH - SERVICE - FRIENDSHIP



MAHARSHI DAYANAND UNIVERSITY ROHTAK

(A State University established under Haryana Act No. 25 of 1975)

(NAAC Accredited A+ Grade)





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Youth Red Cross



रैड क्रॉस - शपथ



मैं शपथ लेता हूँ कि मैं अपने और दूसरों के स्वास्थ्य की देखभाल करूंगा।
बीमारों और मुसीबत में पड़े लोगों की सहायता करूंगा। खास कर बच्चों एवं
वृद्धों की और दुनिया के सभी बच्चों एवं युवाओं को अपना दोस्त समझूंगा।

जीवन करो उज्ज्वल नव ज्योति पर्व है।

स्वास्थ्य अपने की रक्षा हम करें।
सभी जनों को मित्र बना लें।
सेवा करें सेवा करें सेवा धर्म है।
जीवन करो उज्ज्वल नव ज्योति पर्व हैं।



Youth Red Cross

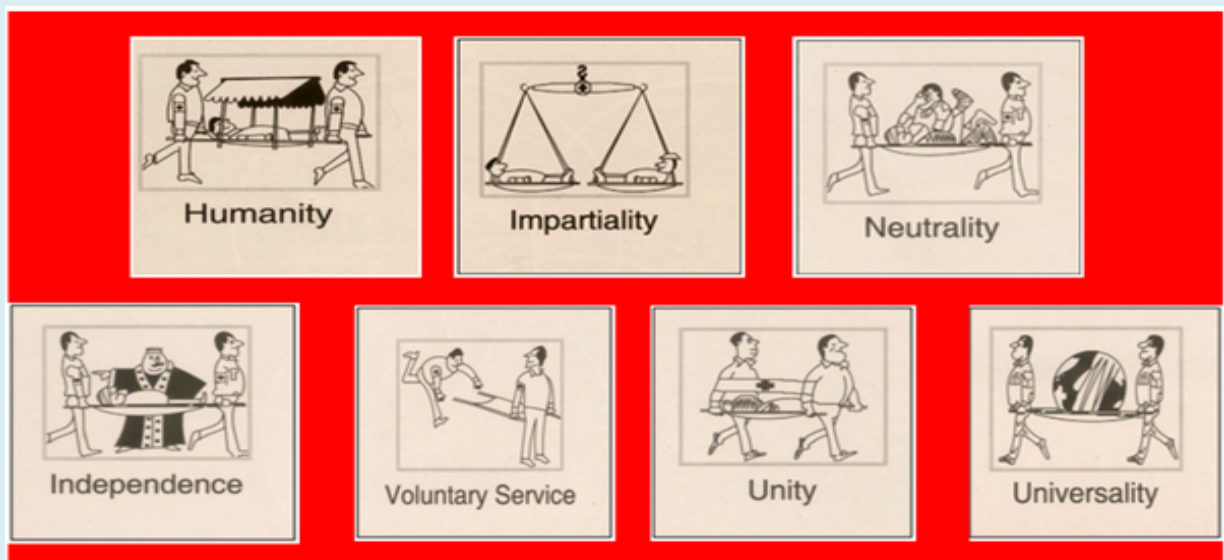


Staff Associated with University Youth Red Cross Office

Sr. no.	Name	Designation	Contact No.
1.	Prof. Randeep Rana	Programme Co-ordinator	8168452544
2.	Sh. R.S. More	Field-Co-ordinator	9416038714
3.	Dr. Anju Dhiman	Y.R.C. Counsellor	8295951007
4.	Dr. Ekta Narwal	Y.R.C. Counsellor	9468266661
5.	Dr. Rajkumar Duhan	Y.R.C. Counsellor	9729334450
6.	Sh. Jitender kumar	Data Entry Operator	8295422688
7.	Sh. Pat Ram	Peon	9050969499



FUNDAMENTAL PRINCIPLES OF RED CROSS



HEALTH – SERVICE – FRIENDSHIP

Office: Room No. 104, Mechanical Block,



Youth Red Cross



UIET Building, M.D. University, Rohtak

Contact: 01262-393156,

Email: mduyrcrohtak@gmail.com



Introduction

It is well-known fact that youth are the Pillars, backbone, and future leaders of the country. It is our moral responsibility to inculcate in them all the human values and social commitments so that they can uplift the status of our society. They are energetic, enthusiastic, and full of zeal. Many of them are arduous. This massive manpower can do wonders provided its enthusiasm is harnessed for the growth and development of society and humanity.

For this very purpose, the university Youth Red Cross was established during the academic year 2011-2012. The University Youth Red Cross unit plays a vital role in Colleges, University Teaching Departments, technical, engineering, and other educational institutions by involving youths in activities directed towards the service of mankind.

Youth Red Cross M.D.U, Rohtak has strengthened its overall capacity to educate youth about the working of the Red Cross, the importance of First-Aid training in daily life and sensitize youth about existing health problems, prevailing social evils, and environmental hazards. To attain a conducive environment for the healthy, virtuous, and intellectual growth of youth, extracurricular activities have been designed by Youth Red Cross. These activities develop the ideology of national character and thus help in building a healthy Nation.

The University Youth Red Cross conducts various programmes and activities like:

- Promotion of health and hygiene
 - Training to youths for First Aid and Home Nursing
 - National Integration
 - World Friendliness
 - Relief work during emergencies like floods, fire, earthquakes, and other natural/manmade calamities.
 - Eradication of social evils such as Drug-addiction, HIV/AIDS awareness, Female Feticide, Dowry, Illiteracy etc.
 - Protection of the environment to combat climate changes.
 - Promotion of voluntary Blood Donation and Eye Donation movement.
- Keeping the above areas in view the Youth Red Cross of Colleges and Universities conducted several activities involving the Youth Red Cross Volunteers.

Moto of Youth Red Cross is HEALTH –SERVICE-FRIENDSHIP

Aims and Objectives of Youth Red Cross

The aims and objectives of the YRC based on the principle of health service and friendship shall be as follows: The broad objectives of the Youth Red Cross are the promotion of health, friendship, and brotherhood rendering service to humanity.

- i) To promote health and hygiene consciousness in the society
- ii) To inculcate healthy living habits
- iii) To motivate volunteers for blood and eye donation and organization of such camps
- iv) To promote activities of Youth Red Cross through camps for 5 or 7 days.
- v) To organize First-Aid Training Camps/ extension lectures on health and disaster management.
- vi) To undertake relief work during emergencies like floods, fire, earthquakes, and other natural calamities.



- vii) To launch an awareness campaign against drug abuse, polio, smoking, alcoholism etc.
- viii) To assist the Red Ribbon Club for awareness and prevention of HIV/AIDS
- ix) To enable physically challenged and economically weaker sections of the society for better adjustment in the society, and intensive growth.
- x) Any other issues related to the health and wellbeing of the students and community including group insurance of students (accidental injuries and fatalities).
- xi) All other activities as per the guidelines issued by the Haryana State Red Cross Society from time to time.
- xii) Imparting training to the volunteers for life skills and social skill development.
- xiii) Imparting training to the volunteers in rescue operations and managing disasters and natural or manmade calamities.

History of Youth Red Cross

The involvement and contribution of young people in the activities of the Red Cross have an interesting history. The genesis of their engagement originated in the province of Quebec, Canada in 1914, when school children first participated in the humanitarian work of the Red Cross work by making bandages, dressings, and other comforts for soldiers. The idea soon spread to other Canadian provinces. By 1915, this idea spread to Europe while in the United States, eleven million school children were engaged in similar activities.

During World War I, several countries encouraged young people to assist in Red Cross work. By 1918 formal youth sections were organized in Australia, Canada, Italy and the United States. The creation of the League of Red Cross (now International Federation of the Red Cross and Red Crescent Societies) in 1919 increased the emphasis on peacetime activities of the Red Cross through the establishment of a coordination body for National Societies which to a great extent helped in the expansion of youth programmes throughout the world.

By 1921, youth sections had been created in eight countries: Bulgaria, Czechoslovakia, Hungary, New Zealand, Poland, Switzerland, the United Kingdom and Yugoslavia. The following year France, Japan, Romania and Sweden also established similar youth sections, bringing the total to at least 16 countries.

In 1922, the youth programme of the Red Cross was officially recognized and supported by Resolution No. XVIII was adopted by the General Council of the League of Red Cross Societies.

Expansion of Red Cross youth programmes to young people outside the schools or other than those attending educational institutions was embodied in one of the General Council resolutions XIX.

By 1935, 51 countries had sections focused on young people, with a total membership of 15 million with a 3-point programme bringing the motto “I serve”.

Today, about 100 National Red Cross and Red Crescent Societies have sections dedicated to engaging young people and statistics show that as much as half of all Red Cross and Red Crescent volunteers in the world are young people.

The Indian Red Cross Society first engaged young people in its work in 1925 with the first unit set up in Punjab in 1926 soon followed by similar units in Delhi, Madhya Pradesh, Mumbai, and Uttar Pradesh.

According to the International Labour Organization report, about 40 per cent of the total Indian population is in the age group of 13-35 years. The Red Cross, through its junior and youth programmes, plays an important role in challenging and guiding this young energy in the cause of humanitarian action.



Active, Junior and Youth Red Cross groups offer branches a formidable strength both in times of emergency and times of preparedness. Ample opportunities must be given to young people to feel empowered to take humanitarian action, offering their strengths, energy ideas and innovation to our movement and to their communities.

Valuing the Role of Youth

Youth Red Cross programmes are an integral part of the strategic approach taken by the Indian Red Cross Society. We value the diverse and important roles, and that young people perform as innovators, Cross-cultural ambassadors, peer educators, community mobilisers, and most importantly, agents of behavioural change and advocates for vulnerable people.

While working alongside older generations in a spirit of mutual respect, young people bring much-needed ideas and skills. The promotion of knowledge transfer and growth, combined with the personal guidance that older, more experienced volunteers of the Red Cross can offer, is seen as a key approach to developing the future generation of leaders.

Our youth programmes help the Indian Red Cross Society to implement the fundamental principles of our movement through international humanitarian work, the protection of health and life, community service, promotion of national and international friendship and understanding by using the international links of the movement.

Annual Youth Red Cross Fee

The Youth Red Cross Fee shall be charged as Rs. 60/- annually from all the students of the University, including the affiliated colleges at the time of admission at the rates as may be approved by the Executive Council from time to time. 50% of the fee charged shall be retained by the college and the remaining 50% shall be remitted to the University along with registration returns to the students. Provided that 40% of the fee so collected shall be retained by the University and 60% of the same shall be remitted to the Indian Red Cross Society, Haryana State Branch, Chandigarh by the Programme Co-ordinator, Youth Red Cross.

Provided further that in respect of the students at the University Teaching Departments, 70% share of the fee shall be retained by the University and 30% shall be remitted to the Indian Red Cross Society Haryana State Branch, Chandigarh.

Composition of University Youth Red Cross Committee

There is Maharshi Dayanand University Youth Red Cross Committee here in after called as Youth Red Cross Unit for regulating its activities by the students and members of the staff of the constituent and affiliated colleges/ institutes within the territorial jurisdiction of the University. It shall be constituted in the following way:

1	Vice-Chancellor	Chairman (Ex-Officio)
2	Dean Student's Welfare	Member
3	Dean, College Development Council	Member



4	Registrar	Member
5	General Secretary, Indian Red Cross Society, Haryana State Branch, Chandigarh	Member
6	Nominee of Higher Education Commissioner (In charge of Youth Red Cross)	Member
7	Director Youth Welfare	Member
8	Programme Coordinator (N.S.S.)	Member
9-11	Secretaries of Respective District Red Cross Branches and two other Red Cross Branches by rotation under the jurisdiction of the university	Members (3)
12-18	Zonal Conveners of the District Level Committee of Youth Red Cross to be nominated from amongst the Principals of the colleges in the District by the chairman	Members (7)
19-20	Two student nominees from the University Youth Red Cross Unit to be nominated by the Programme Coordinator of the University Youth Red Cross Unit, every year	Members (2)
21	Programme Co-ordinator (Y.R.C.) (to be nominated by the Vice-Chancellor)	Ex-officio Member Secretary

NOTE A). The Zonal Convener (s) will be responsible to implement policies and programmes of the Youth Red Cross in the district. The meeting would be convened by the Programme Co-ordinator of the Youth Red Cross Unit. The tenure of the members at Sr. No. 12 to 21 shall be two years and of Sr. No. 22 - 23, it shall be one year.

B). For YRC activities in the University Teaching Departments, two programme counsellors (Youth Red Cross Counsellors) shall be appointed by the Vice-Chancellor.

Utilization of Youth Red Cross Funds by the Universities

The Youth Red Cross funds may be utilized for the following purposes after approval of the Youth Red Cross Committee at the University Level:

- a) The number of YRC subscriptions will be spent on the approved objectives.
- b) Services to the youth of the University/ Colleges and the community i.e., payment of fees of deserving university college students, hospital welfare work, blood donation services community-based work to bring awareness on HIV/ AIDS, Bird Flu, Malaria/ Dengue, T.B. Drug de-addiction, nutrition, safe drinking water, plantation of trees and so on.
- c) Promotion of inter-state and international fellowship of youth.
- d) Promotion of health and sanitation of the students and community, including group insurance of students.
- e) Promotion of training in First Aid, Home Nursing, road safety, and providing safe water.
- f) Services for the handicapped, adopt institutions/ communities, schools etc.
- g) Services during drought/ flood, emergency, earthquake, any other natural calamities, eclipse by universities trained youths.
- h) 7 days camps with a minimum of 50 and a maximum of 150 participants (or as per suitability). A team of a minimum of 5 youths (girls and boys) and one counsellor



(Lecturer) from each college of the respective district be detailed to participate. For every participant, the college will pay Rs. 500/- per participant as registration fee as college share out of 50% share of Youth Red Cross fund which remains with the college will be incurred. During the camp, subjects like Women Empowerment Blood Donation, Eye and Kidney Donation, Organ Donation (Transplants), Energy Conservation and awareness about problems of old age and ailments like Hypertension, Strokes, Cancer, Diabetes and Social Security issues, HIV/AIDS, Hepatitis B &C, Seasonal Infections, T.B. and Bird Flu, Disaster Preparedness, Female Feticide and Drug De-addiction will be taken up.

- i) To impart First Aid and Home Nursing training to the University and College students. A minimum of 14 hours of training (2 hours daily) for 7 days is compulsory. The expenditure will be met out from YRC Fund.
- j) To organize Inter-University, University level, inter-college; inter-class competitions in First Aid and Home Nursing.
- k.) To establish First Aid Posts on the occasion of public gatherings i.e. sports meets, functions, festivals etc.
- l.) Formation of St. John Ambulance Brigade Divisions and preparation of uniforms and accessories for the Brigade Officers and Members.
- m.) Purchase of First Aid Boxes and maintenance of First Aid rooms in all college/departments equipped with stretchers, blankets, bedsheets, beds, pillows, furniture etc. for the first aid room.
- n.) T.A./D.A. of the YRC Programme Coordinator and volunteers for attending the seminars, workshops, camps, St. John Ambulance State Competitions, the establishment of first aid posts during occasions mentioned at (k) above and all other activities related to Youth Red Cross/St. John will be met out from YRC Fund.
- o.) Maintenance of records, including accounts, stationery, proceedings of meetings of YRC, maintenance of YRC registrar, details of volunteers etc.
- p.) Postage of correspondence of YRC.
- q.) Honorarium to YRC Programme Coordinators and other (s) appointed by the Executive Committee at University Level.
- r.) Refreshment to officers/ volunteers during the events related to Youth Red Cross (YRC) and St. John Ambulance.
- s.) Organization of Youth Red Cross Camps i.e. Inter-University, University Level, Inter-District, District Level, College Level for a minimum of 7 days.
- t.) To purchase equipment for training etc. and the competitions of YRC and St. John.
- u.) To organize Voluntary Blood Donation Camps (including refreshment).
- v.) To arrange awareness campaigns on voluntary blood donation, social evils, eye donation, organ donations, female feticide, drug de-addiction, child labour, woman empowerment etc.
- w.) To provide assistance to the disaster victims.
- x.) To purchase print literature related to, Youth Red Cross, St. John etc.
- y.) To create a reserve of a suitable amount to meet any emergent situation/ contingency.

Executive Committee at College Level

There shall be an Executive Committee of Youth Red Cross at the college level to promote the Red Cross activities in college. The committee may meet quarterly to allocate, sanction, funds for approved activities and review/promote activities of the unit. Vacancies, if any, caused due to resignation or otherwise may be filled by the Principal.



For each unit (50 YRC volunteers), there would be an Executive Committee consisting of the following members:

i)	Principal of the College	Chairman
ii)	Faculty Member	Member
iii)	N.C.C. Office	Member
iv)	N.S.S. Officer	Member
v)	Secretary of respective District Red Cross Branch.	Member
vi)	President/Secretary, Red Ribbon Club	Member
vii)	Incharge Women Cell	Member
viii)	Counsellor Incharge Youth Red Cross	Secretary Co-ordinator

Youth Red Cross Unit

There shall be a Youth Red Cross Unit in the college/institution to promote the Red Cross activities in the college/institutions. The unit will comprise a counsellor/In-charge of the Youth Red Cross, students at the college. The unit will work under the direction of a counsellor of Youth Red Cross nominated by the Principal of the College/Institution. The Principal of the College /Training Institutions will be the Chairman of the Youth Red Cross unit and the counsellor will work in In-charge of the unit. The counsellor so appointed should have the aptitude and experience of working in the field of youth welfare. The number of the members of unit shall be a minimum of 50; however, the size of the unit can be determined by the Executive Committee according to the strength of the students. In-charge of the unit will further nominate the President, Secretary and Cashier of the unit amongst the students with the permission of the Executive Committee. The unit will pass the resolution for organizing various Red Cross activities and placed it before the Executive Committee through the in-charge/counsellor of the unit for approval. A counsellor will be paid Rs. 400/- p.m. as Honorarium from the Y.R.C. fund of the respective college.



Objectives of Youth Red Cross in Colleges/Institutions

- a. To widen the coverage of the schemes by establishing Youth Red Cross Units in all colleges.
- b. To involve students (boys & girls) of the colleges in the movement of Youth Red Cross units by enrolling them as members of YRC on payment of yearly subscription.
- c. The scheme of YRC units will be introduced in all the colleges/institutions of Haryana State (including private/technical/engineering colleges).
- d. The amount of YRC subscription will be spent on the approved objectives mentioned in the scheme and guidelines.
- e. Services to the youth of the college and the community i.e. payment of fees of deserving college students, hospital welfare work, blood donation services, population education, community work, HIV/AIDS, Birds Flu, Malaria/Dengue, T.B., Drug De-addiction, Nutrition, Safe drinking water, Plantation of trees etc.
- f. Promotion of Inter-State and International fellowship of youths.
- g. Promotion of health and sanitation of the members of groups and community.
- h. Services for the handicapped, adopt institutions/communities, schools etc.
- i. Services during drought/flood emergency, earthquake, any other natural calamities, eclipse by using trained youths.

5 days (preferably day camp) be organised by the Secretary, District Red Cross Branch at district level with the minimum number of participants 50 and maximum will be 150. A team of a minimum of 5 youth (girls & boys) & one counsellor (lecturer) from each college of the respective district be invited to participate. For every participant, the college will pay Rs. 350/- as registration fee out of 50% Youth Red Cross Fund which remains with the college. During the camp, subjects like women empowerment, environment protection, eye & kidney donation, organ donation (transplants), energy-saving and awareness about problems of old age, ailments like hypertension, strokes, cancer, diabetes and social security issues, HIV/AIDS, hepatitis B & C, current seasonal infections, T.B. & bird flu, disaster preparedness, female foeticide & drug de-addiction. The other activities may be in vogue training in life and social skills etc. The expenditure of the camp may be met out of Youth Red Cross Fund, 50% of which remains with the college.

Utilisation Of 50% Red Cross Fund which remains with the Colleges

Fifty per cent (50%) of the total income in this fund (Youth Red Cross Fund) will remain in the colleges/ institutions affiliated with the respective Universities for the welfare of students. Youth Red Cross Fund may be utilized by them on the following heads:

1. Executive committee of the YRC of the respective college is competent to spend a maximum of 50% out of the Youth Red Cross Fund retained with the college/UTD for the welfare of the students after passing the resolution of the Youth Red Cross Sub-Committee of their respective college.
 1. First aid & home nursing training should be given to the students at universities and colleges by the trained lecturers and district training officers of the respective district. The principal of the college will arrange the training by contacting the Secretary, of the District Red Cross Branch of the concerned district.
 2. Payment of entry fee/registration fee to be given out of this fund for participants going to attend camps organized by District Red Cross. University Youth Red Cross and other such distributions.



Youth Red Cross



3. Printing and distribution of Red Cross and Youth Red Cross literature, books etc.
4. Youth Red Cross Camps/ meetings/ seminars for the youths & counsellors (Professors) within the state or outside the state.
5. Purchase of First Aid boxes and their maintenance.
6. Payment of fee cost of books clothes and necessary amenities to poor and deserving students.
7. Medicines and food etc. for sick and poor students at the college.
8. To provide relief material in any disaster, earthquake, fire, flood etc.
9. Expenditure for providing safe drinking water.
10. All the colleges may purchase the items available in the stores of Haryana Red Cross, Chandigarh.
11. Fifty per cent (50%) amount of the YRC Fund may be kept as a reserve in the fund to meet any emergent situation/ contingency.

The fund of YRC will be deposited in a scheduled bank and the account will be operated by the Principal and Youth Red Cross Counsellor of the College and Chairman and Counsellor of the Executive Committee jointly in the University Teaching Departments/Colleges.

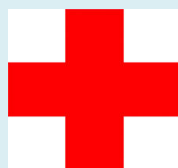
Bank Account in Colleges/ Institutions

The annual membership subscription may be taken from the students at the time of admission. The money realized may be deposited in any of the scheduled Banks under a separate account in the name of “Youth Red Cross” of the college /institution. The accounts shall be operated jointly by the Chairman of the unit (Principal of the college) and the Counsellor/In charge of the unit.

Audit of Youth Red Cross Fund

In Haryana State, Youth Red Cross sub-committee meeting held on 9th Nov. 2010, it was resolved by the house that a yearly audit of the Youth Red Cross Fund is mandatory, and the maximum audit fee should be Rs. 2,000/- per year for Universities and Colleges/ Institutions for audit of Youth Red Cross Society.

Note: Indian Red Cross Society Haryana State Branch issues guidelines from time to time. If there is any query about type guidelines, you may contact or write to the Hony. Secretary, Indian Red Cross Society, Haryana State Branch, Sector-16A, Madhya Marg, Chandigarh.



Red Cross Emblem

Red Cross Emblem

The Red Cross on a white background was the original protection symbol declared at the 1864 Geneva Convention. The idea to introduce a uniform and neutral protection symbol as well as its specific design originally came from Dr. Louis Appia and General Henn Dufour, the founding of the international committee. The Red Cross is defined as a protection symbol in Article 7 of the 1864 Geneva 38 of the 1949 Geneva Convention (“For the Amelioration of the Condition of the Wounded and Sick in Armed Forces in the Field”). There is an unofficial agreement within the Red Cross and Red Crescent Movement that the shape of the cross should be a cross



composed of five squares. However, regardless of the shape, any Red Cross on white background should be valid and must be recognized as a protection symbol in conflict. Out of the 186 national societies which are currently recognized by the ICRC, 152 are using the Red Cross as their official organization emblem. In addition, the Red Cross is currently used by the national society of Tuvalu which has applied for official recognition.

As per Geneva Convention, only four recognized emblems are to be used to emote the following :(1) Military Chaplains (2) For the care of injured and sick armed forces members (3) Armed forces medical, (4) International Red Cross Crescent organization

Relation to the Flag of Switzerland

According to the ICRC the emblem adopted was formed by reversing the colours of the Swiss Flag. However, according to jurist and Red Cross historian Pierre Bossier, no clear evidence of this origin has been found; the concept of the design was chosen to compliment the country in which the convention at which it was adopted was held, was promoted later to counter the objections of Turkey that the flag was a Christian symbol. This was enshrined in the 1906 revision of the Convention.



**REPORT OF ACTIVITIES CONDUCTED BY
YOUTH RED CROSS, MAHARSHI DAYANAND UNIVERSITY ROHTAK
FROM 01.08.2019 TO 31.07.2020**

August 2019

1. Meeting of University Youth Red Cross Committee M.D. University Rohtak on 17.08.2019

The meeting of the Youth Red Cross Committee M.D. University Rohtak was held on 17.08.2019 under the Chairmanship of Professor Rajbir Singh, Vice-Chancellor-cum-Chairman, University Youth Red Cross, M.D.U Rohtak in the conference hall of the Vice-Chancellor's office, Professor Randeep Rana, Programme Co-ordinator, Youth Red Cross, MDU, Rohtak welcomed the Chairman and other members. The Programme Co-ordinator read out a brief progress report of activities for the year 2018-19, which was appreciated by the House, in addition to this income and expenditure for the year 2018-19. The tentative Budget, Activity Calendar for the year 2019-20 and other resolutions was passed in the meeting. The meeting was attended by members including District Convenors and Secretaries of District Red Cross Societies.





2. Cycle Rally Organised on 28.08.2019

To promote Swachhta Awareness, a Cycle Rally was organised on 28.08.2019. The Rally was flagged off by Professor Rajbir Singh, Vice-Chancellor, MDU Rohtak at 09:00 a.m. from Gate no. 02 of M.D University Rohtak. In the rally, about 250 teachers and YRC volunteers participated in the said Rally



3. Organised a Blood Donation Camp on 18.09.2019 at the Department of Mathematics MDU Rohtak

A Blood donation camp was organised by Youth Red Cross MDU Rohtak at the Department of Mathematics on 18.09.2019 at the Department of Mathematics, camp was inaugurated by Professor Rajbir Singh, Vice-Chancellor, MDU Rohtak. Professor Rajeev Kumar, HoD and his staff welcomed the Chief Guest. Professor Rajbir Singh honoured the Blood donors with Blood donor badges. He stated that Blood donation is a noble cause, therefore, every fit student and staff member should donate their Blood twice a year. 85 students and staff members donated their blood in this camp. To make this camp successful efforts of Ekta Narwal, YRC Counsellor was appreciable. Professor Renu Chug, Professor J.S Nandal, Professor J.S Sikka, Professor

Youth Red Cross

Randeep Rana (YRC Co-ordinator), Professor Harish Kumar, Professor J.P. Yadav, Professor Daleep Singh and all staff members of the Department of Mathematics were present on the said occasion. This was a very successful camp.



September 2019

4. Eye Donation Pledge was taken by students on 18.09.2019

113 Students took a pledge to donate their eyes in the Eye donation Pledge camp held at MDU, Rohtak on 18.09.2019

5. Organised World Peace Day on 21st September 2019



Youth Red Cross



Youth Red Cross volunteers took out an awareness rally to commemorate World Peace Day at Maharshi Dayanand University (MDU) on this occasion. Program Coordinator of MDU Youth Red Cross Professor Randeep Rana called YRC volunteers vigilant sentinels of social awareness and appealed to them to contribute to the development of society and the nation. Prof. Randeep Rana called upon volunteers to spread meaningful messages about world peace as well as cleanliness, health, water conservation and not using polythene in society. Prof. Rana said that today along with cleanliness and health, saving water and freeing the earth from polythene has also become very important. He said that in this way, YRC volunteers can play an important role and contribute to the well-being of society and nation. This awareness rally was flagged off by MDU's non-teaching worker Mr. Kuldeep Bhatti. Through this awareness rally, YRC volunteers gave a meaningful message about cleanliness, health, water conservation, and non-use of polythene along with world peace through various departments in the MDU campus. YRC counsellors Dr. Anju Dhiman, Dr. Rajkumar Duhan, Ms. Ekta Narwal and Field Coordinator R.S. More contributed in organizing and coordinating the rally.



6. Organised a Blood Donation Camp at M.D.U Centre for Professional & Allied Studies, Gurugram on 20.09.2019



Youth Red Cross



A Blood donation camp was organised by Youth Red Cross MDU Rohtak at M.D.U Centre for Professional & Allied Studies, Gurugram on 20.09.2019. Prof. Gulshan Lal Taneja, Registrar, M.D.Univeristy, Rohtak was the chief Guest. Professor Randeep Rana Programme Co-ordinator Youth Red Cross MDU, Rohtak honoured the Blood donors with Blood donor badges. He stated that Blood donation is a noble cause, therefore, every fit student and staff member should donate their Blood twice a year. 64 students donated their blood in this camp. To make this camp successful all members of CPAS Gurugram were present on the said occasion. This was a very successful camp.



7. Organised One Day Seminar and Workshop on Women's Security and Self Defence on 27.09.2019

To create awareness regarding Women's Security and Self Defence one day Seminar and workshop were organised by Youth Red Cross, MDU, Rohtak on 27.09.2019 at R.K. Auditorium, MDU, Rohtak. The programme was inaugurated by Dr. Sharanjeet Kaur, First Lady of MDU. 860 YRC volunteers and YRC counsellors from IIT D and affiliated colleges



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participated in the said workshop.

October 2019

8. Celebration of All India Voluntary Blood Donation Day i.e. 1st October, 2019

1st October is celebrated as Voluntary Blood Donation Day throughout India. Keeping in view the importance of Blood Donation Day and to celebrate the same, a programme was organised by Youth Red Cross, MDU, Rohtak at YRC Office, MDU, Rohtak. 101 volunteers of UTD and affiliated Colleges, MDU donated Blood in this programme. The programme was inaugurated by Professor Rajbir Singh, Vice-Chancellor, MDU, Rohtak. Declamation Contest, Slogan writing, and poster-making competition were organised on the said occasion.



9. Organized First Aid and Home Nursing Professional Training at Center for Professional and Allied Studies (CPAS), Gurugram, Maharshi Dayanand University (MDU).

An Eight-Day First Aid and Home Nursing Professional Training camp, excluding holidays, (03/10/2020 to 14/10/2020) was organized by University Youth Red Cross in coordination with the Youth Red Cross Society, Gurugram at Sector 40, Center for Professional and Allied Studies

(CPAS), Gurugram, (MDU). Prof. Santosh Nandal Director CPAS, emphasized that it is important to have knowledge about First Aid, so that if an accident happens, we will be ready for action. First aid knowledge can prove to be valuable for both the individual and the community. Prof. Nandal said that the purpose of this first aid training organized under the aegis of Youth Red Cross is to enable students to help the injured person in the event of accident or emergency till they get proper medical assistance. During the training program, Kiran Kashyap, Anju Kashyap and Rocky from the Red Cross Society give training about first aid in situations like injury to students, snake bite, road accident and transportation of injured patient, heart attack, fire incidents, electric shock etc. In the workshop, the participants were seen getting the primary treatment given under various circumstances. On this occasion, 15 female and 17 male students were trained along with Dr. Sandeep Aggarwal, Assistant Professor of the Center and Dr. Sunil Kharab.



November 2019

10. Conducted an Orientation Course for YRC Volunteers and Counsellors on 05.11.2019

One day University level Youth Red Cross Orientation course for YRC Counsellor and Volunteers of M.D.U Rohtak and its affiliated colleges was organised on 05.11.2019 at Radha Krishnan Sabhagar M.D.U Rohtak. The course was inaugurated by Professor Rajbir Singh, Vice-Chancellor M.D.U Rohtak. Professor Vijay K. Kayat, Vice-Chancellor, Chaudhary Devi



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Lal University Sirsa was the key-note speaker for the said programme. Professor Gulshan Taneja, Registrar, MDU Rohtak and Professor Rajkumar, Dean Student Welfare, MDU Rohtak were the Guest of Honour. **1050** YRC Volunteers and 40 Counsellors of UTD and affiliated Colleges participated in the said Course. The focus of the Orientation Course was to create awareness regarding Youth Red Cross activities at University and College level. Sh. R.C. Sharma Haryana State Consultant T.B. Motivated the YRC volunteers and counsellors. The volunteers were motivated for voluntary activities. Professor Randeep Rana, Programme Co-ordinator YRC administered the volunteer's oath for the service of humanity. YRC convenors and counsellors from all affiliated colleges of MDU Rohtak were also honoured for their services. Dr. Anju Dhiman, Ms. Ekta Narwal and Dr. Rajkumar Duhan, YRC Counsellors and Sh. R.S. More, Field Co-ordinator, University YRC were also present during the said Course.





11. Presentation of Sir Jean Henry Dunant Shield/Trophy for the session 2018-19

One annual Youth Red Cross Shield/Trophy in the name Sir Jean Henry Dunant is given to a college adjudged best in Youth Red Cross activities during the whole session. Maximum activities were organised by Aggarwal College Ballabgarh (Faridabad) during the session 2018-19, Sir Jean Henry Dunant Trophy was awarded by Professor Rajbir Singh, Vice-Chancellor-cum-Chairman, Youth Red Cross, MDU, Rohtak to Dr. Krishan Kant Gupta, Principal, Aggarwal College Ballabgarh on 05.11.2019.



12. Organised a Blood Donation Camp at Freedom Fighter Memorial Complex, M.D.U Rohtak on 30.11.2019

A Blood Donation Camp was organised by Youth Red Cross, MDU Rohtak in collaboration with Dainik Bhaskar on 30.11.2019 at State Level Freedom Fighter Memorial Complex, MDU Rohtak. The camp was inaugurated by Professor Rajbir Singh, Vice-Chancellor, M.D.U Rohtak. He honoured the Blood donors with Blood donor badges and said that Blood donation is a lifesaving programme. Every student should come forward for this noble cause. Eighty-Six (86) YRC volunteers donated their blood in this camp. Professor Gulshan Lal Taneja, Registrar, MDU Rohtak and the staff of Dainik Bhaskar were present during the camp. To make this camp successful, efforts of Professor Randeep Rana, Programme Co-ordinator and Sh. R S More, Field Co-ordinator, University YRC were appreciable.



December 2019

13. Organised a Seminar and an Awareness Rally on World HIV/AIDS Awareness Day i.e. 1st December 2019

World HIV/AIDS Awareness Day i.e. 1st December is being celebrated throughout the World. Keeping in view the importance of the said day and to create awareness among the YRC Volunteers/Youths of UTD & Local Colleges affiliated with M.D.U Rohtak, a Seminar was organised along with an awareness rally by Youth Red Cross, M.D.U Rohtak at YRC office on 01.12.2019, to create awareness among the people of Rohtak. Professor Sanju Nanda, HoD, Department of Pharmaceutical Sciences, Maharshi Dayanand University Rohtak was the Keynote Speaker for the said programme. About 80 YRC Volunteers was participated in the said programme. Lecture was delivered on the topic World HIV/AIDS.



January 2020

14. First Aid and Home Nursing Professional Training to M.D. University Youth Red Cross Volunteers

It is well-known fact that First-Aid training is very important and beneficial for everybody. Keeping in view its importance of it, a 7 Days First-Aid and Home Nursing Training camp was organized by University Youth Red Cross, M.D.U, Rohtak in the Youth Red Cross office from 07.01.2020 to 13.01.2020. The camp was inaugurated by Professor Rishi Rahul, Director, UIE.T, MDU, Rohtak. Ninety-Three (93) students from different Departments of M.D.U, Rohtak attended the said training programme. The training programme was free of cost for the volunteers and all the



Youth Red Cross



expenses were borne by YRC office. Sh. Daya Singh Saini, Lecturer in First Aid and Home Nursing imparted the training to the volunteers.



15. Organised Run for Youth on National Youth Day on 12.01.2020

78 Youth Red Cross volunteers participated in **Run for Youth on National Youth Day** on 12.01.2020. The programme was organised at Rajiv Gandhi Stadium Rohtak. This programme was very useful and motivated the youth.



16. Organised 7 days Health Awareness Training Camp for Girls and Boys from 16.01.2020 to 22.01.2020 at DDE Conference Hall, MDU Rohtak

University Youth Red Cross, M.D University Rohtak organized a Health Awareness camp for Girls and Boys at DDE Conference Hall, M.D.U Rohtak from **16.01.2020 to 22.01.2020**. Volunteers were provided with knowledge of the Red Cross, General Health Awareness, First-Aid Training, Development of National Character and Values, Life Skill Training etc. The Camp was inaugurated by Professor Rajbir Singh, Vice-Chancellor, MDU Rohtak. Professor Gulshan Lal Taneja, Registrar, MD University Rohtak was the Guest of Honour. 120 volunteers were participated in the said camp.



Youth Red Cross



17. Organised a 7-day Health Awareness/Training Camp for Girls from 24.01.2020 to 30.01.2020 held at Morni Hills (Panchkula)

07 days health awareness/ training camp was organized by University Youth Red Cross from 24th January 2020 to 30th January 2020 at Morni Hills, Panchkula. This camp was basically organized to aware the society about health and hygiene. Total 32 Girls volunteers from various affiliated colleges and University Teaching Departments of Maharshi Dayanand University Rohtak took part in the camp. The camp team started from the University on 24th January 2020 under the supervision of Dr. Tina Saini, Assistant Professor, Saini College Rohtak, Ms. Monika, Assistant Professor, Government College, Sampla and Y.R.C Field-coordinator, Mr R.S. More. The camp was flagged off by YRC Co-ordinator Professor Randeep Rana at 9:00 a.m. from YRC office, MDU, Rohtak.

Mr. R.S. More welcomed all guests and volunteers and briefly addressed them about the camp and about the goals of the YRC. In the evening the volunteers went to the nearby village, where they interacted with the villagers and members of a self-help group of the villagers working for the welfare of the society.

On 25th January 2020 after Morning Prayer and oath of YRC the volunteers took out a rally to spread awareness about girls' education, say no to drugs and health is wealth.

Youth Red Cross

On 25th January 2020, A Lecture was delivered by Ms. Sunita Malik on the topic of National Integration.

On 26th January 2020 after Morning Prayer and oath National flag was hoisted. Interaction and cultural exchange programme were also organized. Under the leadership of Professor Randeep Rana, YRC volunteers took out a rally and spread awareness about Blood donation. A Lecture was delivered on the topic Safe Environment by Dr. Monika on 29th January 2020.





February 2020

18. Organised a 9 Day Health Awareness/Training Camp for Boys held at Jodhpur and Jaisalmer (Rajasthan) from 05.02.2020 to 13.02.2020

To create Awareness among Youth Red Cross Volunteers about Red Cross Activities by promoting understanding and development of National Character, Nine Days Health Awareness/Training Camp for Boys was held at Jodhpur and Jaisalmer (Rajasthan) from 05.02.2020 to 13.02.2020.

The camp team started on 05.02.2020 in the morning at 09:00 a.m. and was flagged off by Professor Randeep Rana, Programme Co-Ordinator, YRC, MDU, Rohtak. It was a group of 20 volunteers led by Sh. R.S. More (Field Coordinator), Dr. Rajesh Gahlawat and Dr. Pritam Sheoran were (teacher in-charge) of the camp. The volunteers took out an awareness rally Beti Bachao, Beti Padao at the Desert festival Jaisalmer. The YRC volunteers also took rallies on Blood Donation Awareness Swach Bharat Abhiyan and HIV/ AIDS awareness at village SAM and Tanot Mata Mandir.

During the camp, the volunteers met the villagers and motivated them to volunteerism and interacted with them to know about their culture, rituals, and social evils. In the evening, all the volunteers took out a rally in Jodhpur to aware of the masses' rampant social evils in society.



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On 8th February 2020, a Lecture was delivered by Dr. P. Sheoran on the topic of Female Foeticide. An awareness rally was taken on 10.02.2020 at Jodhpur “Donate Blood Save Life”. A Lecture was delivered by Prof. S. K. Harit on the topic Say No to Drugs on 11th February 2020, Followed by an awareness rally at Jodhpur 9



19. Organised a Seminar and a Workshop on Use and Abuse of social media on 26.02.2020



A Seminar and Workshop on USE AND ABUSE OF SOCIAL MEDIA was organized on 26.02.2020 in Maharshi Dayanand University (MDU) under the aegis of the Youth Red Cross Committee. MDU Vice-Chancellor Prof. Rajbir Singh inaugurated the program. In his inaugural address, VC Prof. Rajbir Singh said that social media is an important tool for social and professional networking. He said that positive social media can be utilized for career progression matters. Eminent Journalist Nidhesh Tyagi spoke about the socio-cultural aspects of social media. He said that on the 150th Birth Anniversary year of Mahatma Gandhi, Social Media ought to be utilized to spread the message of peace, and non-violence, voice the opinion of the voiceless and speak about the marginalized people of the society. Noted journalist Ashok Malik spoke about the merits- and demerits of social media in the current global scenario. Dean, Academic Affairs Prof. Nina Singh, Registrar Prof. G. L. Taneja, Programme Co-ordinator, Professor Randeep Rana also spoke on the occasion. YRC Counsellor Dr. Anju Dhiman conducted the stage and YRC counsellor Ekta Narwal expressed the Vote of Thanks. **182** YRC counselors and YRC volunteers from affiliated colleges took part in this One-day Workshop.



20. Organised a Seminar and a Workshop on Stress Management on 27.02.2020



Youth Red Cross



A One Day Seminar and a Workshop on Stress Management for Counsellors and Volunteers of UTD & Colleges affiliated with MDU Rohtak was organised on 27.02.2020 at IHTM Conference Hall, MD University Rohtak. The programme was inaugurated by Professor Raikumar Dean of Student Welfare, MDU Rohtak, Programme Co-



organising this workshop and he desired that such workshops may be organised in future also.

May 2020

21. Celebrated WORLD RED CROSS DAY on 08th May 2020

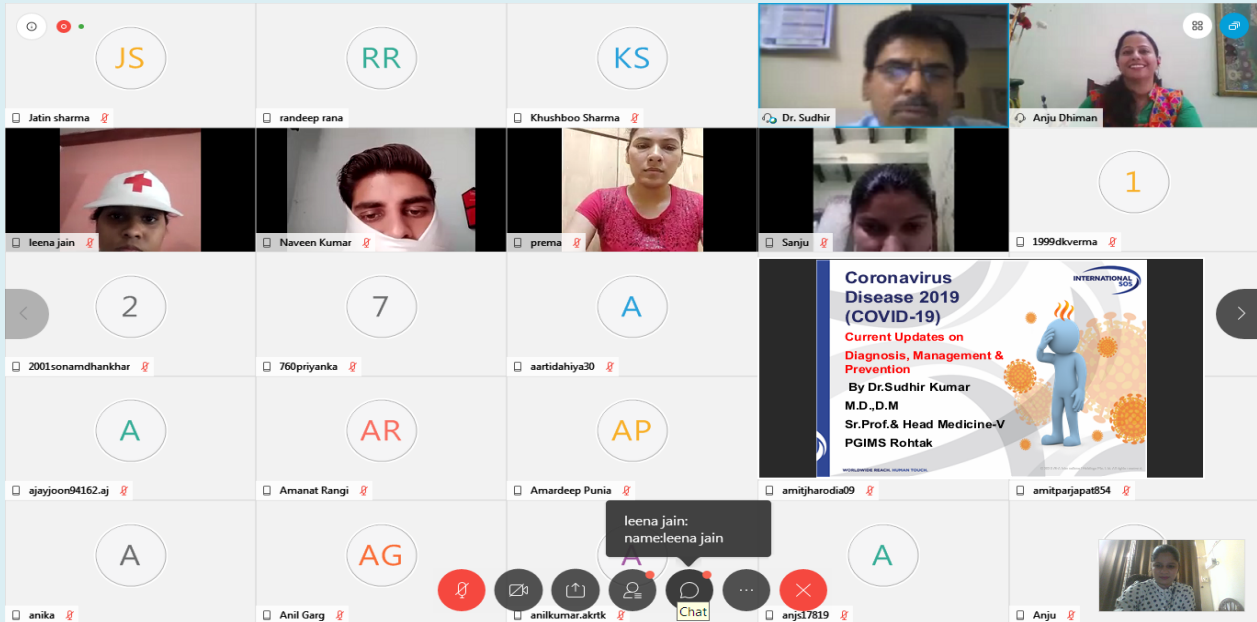
Staying Safe at home, following the health protocols including the compulsory wearing of masks, hand washing, and practising social distancing as safety measures, are necessary to save oneself from Corona Virus. Giving top-most priority to health concerns is the need of the hour. This was stated by a medical expert, Prof. Sudhir Kumar, Pt. BDS University of Health Sciences (Rohtak) in an online lecture-cum-webinar organized by the Youth Red Cross (YRC) of Maharshi Dayanand University (Rohtak) to commemorate the World Red Cross Day today. Prof. Sudhir Kumar traced the history of COVID-19, its worldwide spread, probable causes, the requisite preventive measures, the treatment protocol, and several other aspects related to the novel coronavirus in his comprehensive talk. He also answered the queries of YRC volunteers. His presentation was on COVID-19: Diagnosis, Management, and Prevention. Prof. Sudhir Kumar summarized that Safety Saves. As such, it is necessary to take precautions against this pandemic. Earlier, YRC Programme Co-ordinator Prof. Randeep Singh Rana said that this online lecture is being organized to enlighten YRC Volunteers about the deadly coronavirus. He expressed the hope that YRC volunteers of the University will act as Health Awareness



Youth Red Cross



Volunteers and enlighten people around them. YRC Counsellor Dr. Anju Dhiman conducted the programme. YRC Counsellor Ekta Narwal expressed the Vote of Thanks. Director, PR Sunit Mukherjee, YRC Counsellors of affiliated colleges, 223 volunteers and 46 counsellors, took part in this programme organized on MDU webex platform.



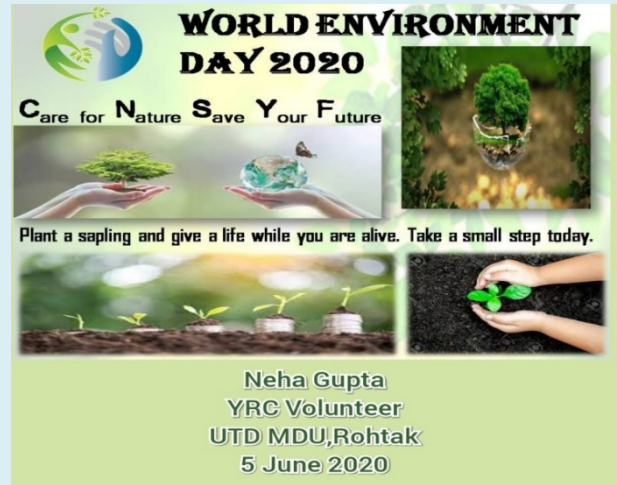
June 2020

22. Organised World Environment Day on 05th June 2020

World environment day was celebrated by the volunteers of Youth Red Cross of Maharshi Dayanand University, Rohtak on 5 June 2020. Many volunteers after planting trees at their native place shared the message of “**Care for Nature Save Your Future.**” Due to the pandemic of COVID-19 everyone is at their home, so we used social media platforms to spread the message. E-posters were also prepared by the volunteers to spread the message **Protect the Mother Nature**. Volunteers shared their photos and videos which newly planted saplings. Some volunteers adopted trees near to their home and pledge to take care of that trees.



Youth Red Cross



World Environment Day 5 June 2020

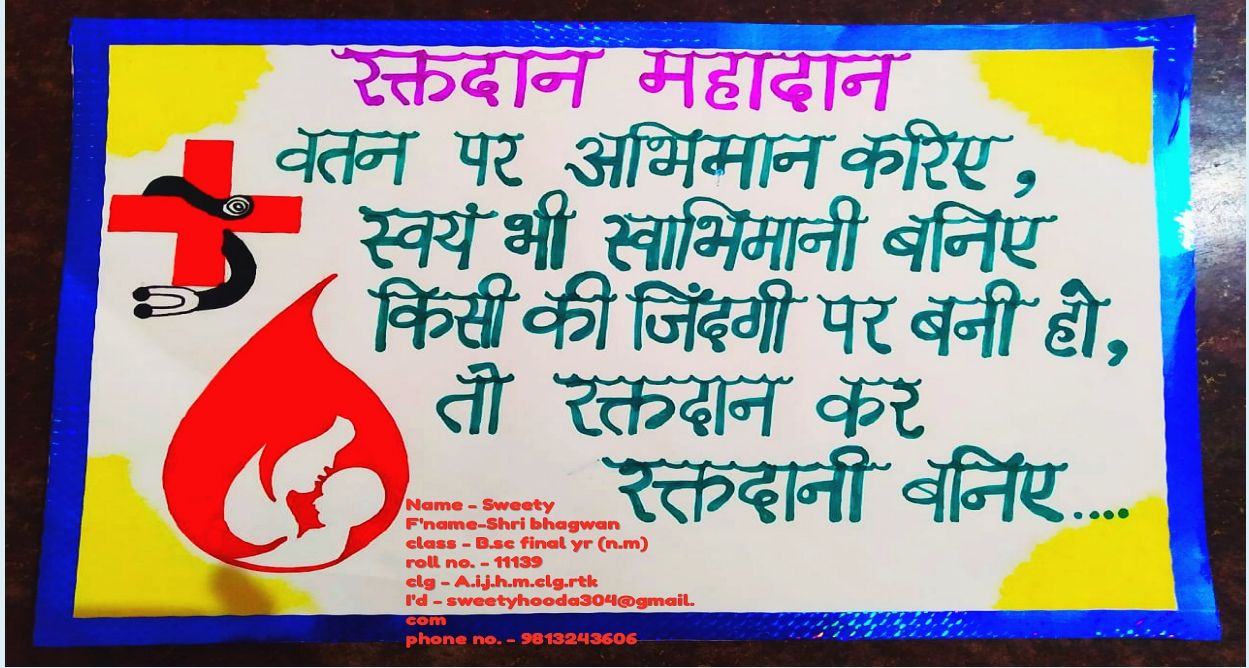


23. Organised World Blood Donor Day on 14.06.2020

Slogan Writing and E-Quiz Competition were organized by the Youth Red Cross Committee of Maharshi Dayanand University on the occasion of World Blood Donor Day. Youth Red Cross Program Coordinator of MDU Prof. Randeep Rana said that YRC volunteers participated vigorously in these competitions organized on the subject of Safe Blood, Saves Lives. Prof. Rana said that 134 YRC volunteers participated in slogan writing and 201 YRC volunteers in the e-quiz competition. YRC counsellors Dr. Anju Dhiman, Dr. Ekta Narwal and Dr. Rajkumar coordinated the program. In Slogan Writing, Kirti Sharma of Vaishya Arya Teaching Women's College got the first place, Jatin of Jat College, Rohtak got the second and Mukesh of DAV Centenary College, Faridabad and Rohit of Sociology Department of MDU got the third position. Mohit Kumar, Khushbu Singh, Monu, Annu, Kirti Das, Pooja, Mukool, Yamini Saini, Shweta Nagar, Kirti secured the first place in the e-quiz competition by scoring a similar score. Meenu Saini, Neetu and Meenakshi got second and Nitin Sangwan, Yamini Saini and Pankal got the third place.

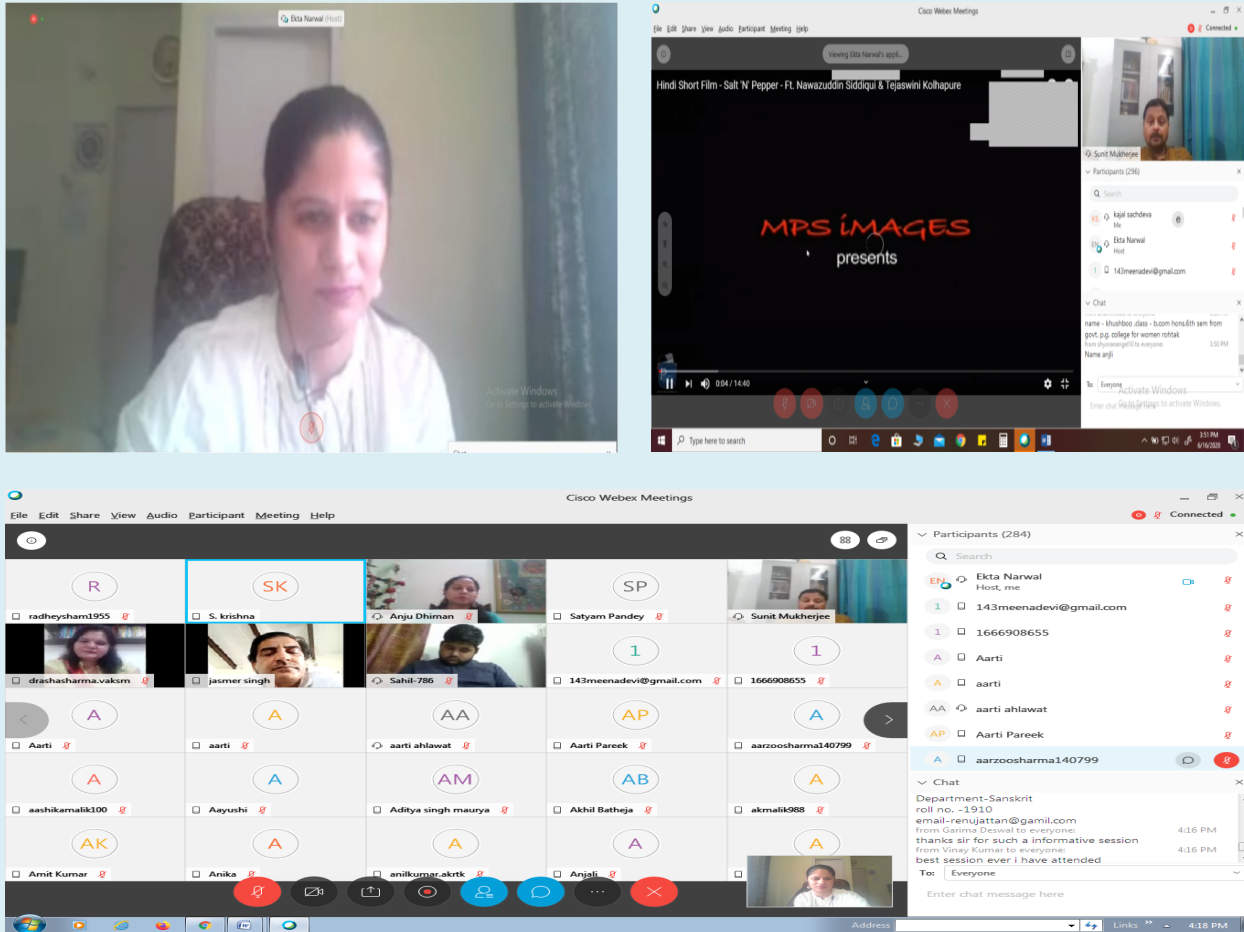


Youth Red Cross



24. Webinar on Creative and Compassionate Communication 16.06.2020 from 03:00 PM to 04:30 PM

There is a great need for compassionate communication not only in this critical time of the Corona period but also in normal times. It is important to include compassion in life. Also, creativity paves the way for progress in life. A state-level webinar was organized by **MDU Youth Red Cross (YRC)** on **Creative and Compassionate Communication** under the guidance of Prof. Randeep Rana, Coordinator, YRC, Maharshi Dayanand University, Rohtak. Sunit Mukherjee, Assistant Professor and Director, Department of Journalism and Mass Communication Maharshi Dayanand University was the speaker of the session. He underlined the importance of compassionate and creative communication. Sh. Sunit Mukherjee said that during this corona period many talented artists ended their lives. There is a need that we can have meaningful communication with such sensitive, distraught, perplexed, depressed people around us in society and communicate positiveness among them. Sh. Sunit Mukherjee spoke about the continuous dialogue with the elders of loneliness in the home, family and society and their connection with their lives. He kept talking about himself in the emergency in life. He gave an effective message of the need for compassionate dialogue and avoidance of self-immolation by displaying two short films - Mishti Doi and Salt and Pepper. In the coming time, Sunit Mukherjee gave advice on making a career in any discipline with a creative and innovative approach or paving the way for entrepreneurship. He gave answers to the students' questions after the lecture. He inspired volunteers with inspirational poetry lessons. YRC counsellor Dr. Anju Dhiman delivered the welcome address at the beginning of the program. He introduced the guest speaker. YRC counsellor Ekta Narwal proposed a vote of thanks. Around 300 participants participated in the program.

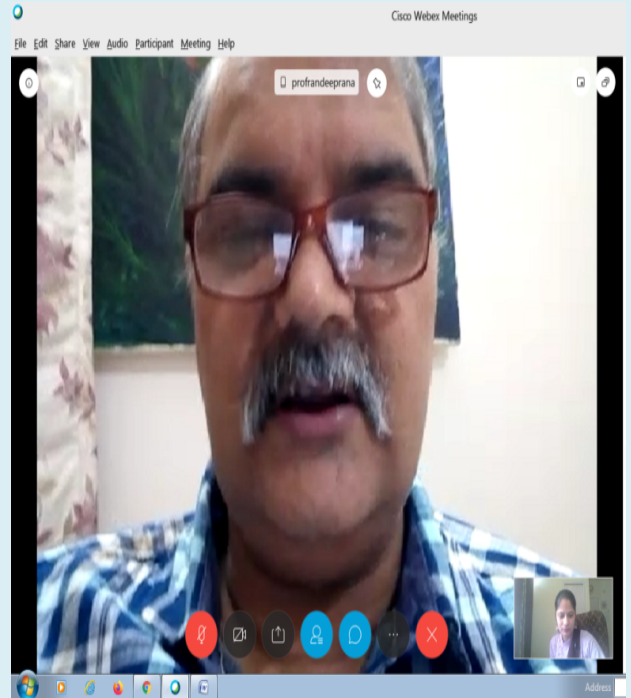
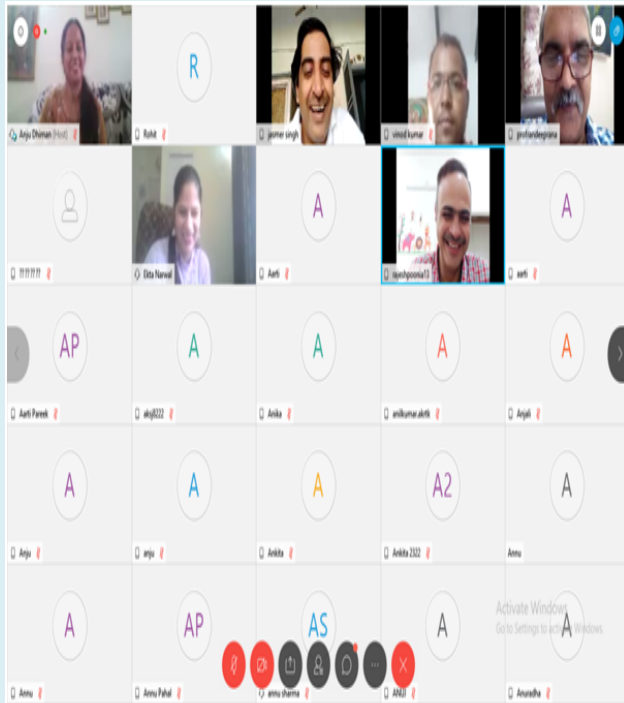


25. YRC Webinar on Importance of Aura in Personality Development on 18.06.2020

A Webinar was organized by the University Youth Red Cross of Maharshi Dayanand University Rohtak on June 18, 2020. Professor Rajesh Punia, Registrar from Chaudhary Ranbir Singh University was invited as a resource person. He delivered his talk on the Importance of Aura in personality development. Professor Randeep Rana, the YRC Programme Coordinator, introduced the resource person Professor Rajesh Punia. Professor Rajesh in his talk said that if a person is mentally, physically and emotionally healthy, he will have a bright aura, and the energy centres on the aura will be strong and active. On the contrary, if you are in any way not up to par, you will have a depleted aura. You will also be constantly losing energy which will further deplete your aura. He related the concepts of physics with creating positivity in personality development. Professor Punia said that whenever we create a target and do hard work consistently in the right direction, our body creates an aura according to it and we get opportunities and meet people who may help us to achieve our goal. He motivated the volunteers to stay optimistic in every adverse situation. He requested all to use make in India products instead of China from now onwards during the end of the discussion. Ms. Ekta Narwal, coordinated the whole program. Dr. Anju Dhiman gave the vote of thanks. The session was interactive and appreciated by all. More than 270 volunteers including Counsellors and teachers from various colleges of Haryana Dr. Monika, Dr. Vivek Dangi, Dr. Kapil Kaushik. Dr. Meera

Youth Red Cross

Rani. Dr. Jasmeer Singh, Dr. Jaipal Singh, Dr. Rekha Rani, Dr. Shalini Aggarwal and Dr. Shalu Sharma and others actively participated in this program.





REPORT OF YOUTH RED CROSS ACTIVITIES CONDUCTED IN AFFILIATED COLLEGES/INSTITUTIONS DURING THE SESSION 2019-20

1. Name of College : **Government College, Sector-9 Gurugram**
Name of Principal : **Dr. Satmanyu Yadav**
Name of the YRC, Counsellor : **Sh. Rohit Sharma & Smt. Palak**

- Registration of volunteers in the month of September.
- 6 volunteers and 1 counselor attended 1 Day Orientation Program organized at MDU Rohtak on 5th November 2019.
- 4 volunteers and 1 counselor attended a 6-day State level Training Camp organized by the Indian Red Cross Society, Haryana Branch at Punjabi Dharamshala, near Sannhit Sarovar, Kurukshetra from 6th January 2020 to 11th January 2020.
- 1 volunteer participated in State level first aid competition organized by St. John Ambulance, Haryana at Punjabi Dharamshala, near Sannhit Sarovar, Kurukshetra on 20th January 2020 and 21th January 2020.
- 10 volunteers participated in 5-day training camp from 4th February 2020 to 8th February 2020 organized by Youth Red Cross, Gurugram at Government College for Girls, Sector-14, Gurugram.
- 100 students participated in First Aid & Home Nursing training from 17th February 2020 to 21st February 2020.
- Slogan writing competition has been organized by YRC Units from 28th May 2020 to 5th June 2020 through the google form quiz.
- Organized a webinar on 'Importance of Blood Donation on 14th June 2020 on the occasion of World Blood Donor's Day 2020

2. Name of College : **Sir Chhotu Ram Government College for Women, Sampla (Rohtak)**
Name of Principal : **Major Dinesh Saharan**
Name of the YRC, Counsellor : **Dr. Pritam Singh, Ms. Monika, and Mrs. Supriya**

- YRC volunteers participated in a workshop on Women Security and Self Defence on 27th September 2019 at MDU, Rohtak.
- YRC volunteers participated in Orientation Programme on 5th November 2019 at MDU, Rohtak.
- Ms. Monika attended the YRC Health Awareness/Training Camp as Contingent In-charge organized by University Youth Red Cross, MDU Rohtak at Morni Hills from 24-01-2020 to 30-01-2020.
- Dr. Pritam Singh attended the YRC Health Awareness/Training Camp as Contingent Incharge organized by University Youth Red Cross, MDU Rohtak at Jodhpur and Jaisalmer from 05-02-2020 to 13-02-2020.
- Rally was organized on "BETI BACHAO BETI PADHAO" on 28th February 2020 to create awareness amongst the people of nearby rural areas.
- Extension Lecture was organized on 29th February 2020 in which Sh. R.S.Mor, Field Co-ordinator of YRC, MDU Rohtak aware the students by discussing the "Role of Youth in Red Cross and Blood Donation".
- Cleanliness Drive was organized by YRC Volunteers on 29th February 2020.



- Creating Awareness of “CORONA VIRUS – A GLOBAL THREAT” on 7th March 2020.
- YRC volunteers distributed masks in nearby rural areas during lockdown period.
- YRC organizes online Picture Perception Competition during lockdown period.
- YRC Counsellors and Volunteers attended online lecture on “Update on Diagnosis, Management and Prevention of COVID-19” organized on 08-05-2020 on World Red Cross Day by University Youth Red Cross, MDU Rohtak.
- YRC Counsellors and Volunteers attended webinar on “Importance of Aura and Personality Development” organized on 18-06-2020 by University Youth Red Cross, MDU Rohtak.

3. Name of College : Government College for Women, Kulana, Jhajjar
Name of Principal :
Name of the YRC, Counsellor :

- The Youth Red Cross unit of Government College for Women Kulana, Jhajjar has participated in the District Level Youth Red Cross Training Camp for students organized from 3 February 2020 to 7 February 2020 by Vaish Arya Kanya Mahavidyala, Bahadurgarh. The event began with organizers shedding light on the importance and history of the Youth Red Cross.
- Our YRC IANS showcased their talents by participating in various competitions such as speech and dance competition organized by the VAKM, Bahadurgarh. Also, health check-up was organized in the camp where our students participated.

4. Name of College : Govt. College, Barota (Gohana)
Name of Principal : Ms. Sangeeta Sapra
Name of the YRC, Counsellor :

- Health Check-up Camp on 25th September 2019 in the college in which Dr. NidhiGarg and Dr. Akshay checked 147 students of the college
- Dr. Nutan’s lecture on diet and nutrition on 26th September 2019
- Single-Uses Plastic Ban Oath- 30th September 2019
- Voter Awareness Rally- 11th October 2019
- Rally for awareness against the burning of stubble crops-6th November 2019
- National deforming day- Essay writing, Rally, and Medicine distribution-10th February 2020
- Awareness about Coronavirus- 20th February 2020

5. Name of College : Vaish College Rohtak
Name of Principal : Dr. D P GOYAL
Name of the YRC, Counsellor : Dr. Shalini Agarwal

- 100 volunteers were registered this year and an ‘Oath Ceremony’ was held on 27-08-2019.
- 22 volunteers were sent to participate in the rally, “Shaheedon ko Naman” on 08-08-2019.█



- A Blood Donation Camp was organized in our college on 28-09-2019. At least 340 volunteers donated blood; out of them 40 volunteers are the members of college Y. R.C. Unit, and 35 volunteers were assisting in arranging the Camp activities.
- Sadak Suraksha Jeevan Raksha Shivir was arranged in our college on 17-09-2019, which was attended by our Y.R.C. Unit quite attentively.
- A wheelchair was also donated to the grandfather of Y.R.C. volunteer Ramit class B.A.II by our college Staff members on 17-09-2019.
- Attended 1-Day workshop (Women Security & Self Defense Training) in M.D. University Y.R.C. Office on 27-09-2019 along with a team of 24 volunteers, counsellor and College Y.R.C. member Dr. Geeta Gupta.
- 1-Day Orientation Program held in M. D. University on 05-11-2019, was also attended by the 7 volunteers, a counselor and a member of our college Y.R.C. Unit.
- Our college Y.R.C. The team also participated in the Celebration of World HIV/AIDS Awareness and Prevention Day which was held in M.D. University dated 01-12-2019.
- 5 volunteers of our college Y.R.C. Unit have attended 7Days District Level Y.R.C. Training Camp (3rd January to 9th January 2020) in L.N. Hindu College.
- 5-Day First Aid & Nursing Training was arranged in our college by the District Red Cross Society from 13-01-2020 to 17-01-2020.
- First Aid Training was imparted to 35 Y.R.C. volunteers (20 boys+15 girls) and Home Nursing Training to 15 girls by the expert Mr. Bhardwaj.
- 9 Y.R.C. Volunteers along with a counselor had attended Health Awareness Training Camp from 16-01-2020 to 20-01-2020 which was arranged by M.D. University Y.R.C. office.
- Our Y.R.C. volunteers had participated in pot plantation (medicinal plants) on dates- 02-03, February 2020 in our college.
- Attended 5-Day District level camps- 4 volunteers in AIJHM College, Rohtak from 20-02-2020 to 24-02-2020 and from 02-03-2020 to 06-03-2020.
- 4 volunteers in Government College for Women, Rohtak from 25-02-2020 to 29-02-2020 to 28-02-2020.
- 20 Y.R.C. volunteers also assisted by providing first-aid treatments to the injured players playing in the Annual Sports Meet held in Vaish College Rohtak dated 04-05 March 2020.
- YRC volunteers along with the counselor attended Special Online Lecture on 05-05-2020.
- YRC volunteers along with the counselor had attended webinar lectures on 16-06-2020 & 18-06-2020 organized by M.D. University YRC Office
- 5-Day District Level Youth Red Cross First Aid Training Camp from 04-02-2020 to 08-02-2020 was organized in our college under the aegis of the Indian Red Cross Society State Branch Chandigarh. Deputy Commissioner, Sri R.S. Verma has inaugurated the camp as chief guest. Sri Vikas Goyal (Chairman of Vaish Education Society), Sri Subhash Gupta (Executive member IRCS, Chandigarh), Shi Devender Chahal (Secretary of District Y.R.C. Society) and Sri Pawan Mittal (Treasure Vaish Education Society) were with us to grace the function as guest of honor. Principal Dr. D. P. Goyal has welcomed all by presenting a small pot of medicinal plants as a token of regard. These plants were planted by the volunteers.
- The ceremony was followed by 'Deep Prajwalan' before the photo frame of Maa Sarswati & Sir Henry Dunant by the guests. The ceremony was continued with Y.R.C. Flag hoisting, prayer, and Oath by all present in the hall. All dignitaries addressed the



counselors, teachers, and volunteers to make them aware about the Indian Red Cross Society and its importance to the Nation.

- All throughout the 5-day camp activities like-Extemporany (04-02-2020), Speech (05-02-2020), Debate (06-02-2020), Quiz (05-02-2020) and Haryanavi Cultural Group dance (07-02-2020) was organized and teams of volunteers came from various district colleges participated with great enthusiasm and performed very well.
- The covered topics of these activities were- Youth Red Cross, Yoga, Road Safety Measures, First Aid Techniques, Health and Hygiene, Physical & Mental Health, Donation of Blood and Organs, Infectious and non-Infectious diseases like Aids, Environment, CAA, Dowry, Cyber Crime, Mass Media, Corruption, etc.
- A Dental check-up and treatment Camp was also organized on 05-02-2020 in Vaish College Rohtak by the dental doctors' team under the leadership of senior doctor Bhavna from P.G.I.M.S. voluntarily. 145 people were checked and out of them, 125 were treated satisfactorily.
- Technical First Aid Training Skills were taught to the volunteers & the counsellors by Shri Ravi Dutt First Aid training program coordinator and trainer from District Red Cross Society Rohtak. The focus was on the teachings of-CPR, BANDAGING, ARTIFICIAL RESPIRATION etc.
- YRC Unit of our college had organized an Online State Level Inter College
- Competition - 'Write Your Exclusive Ideas' - by 25 -05-2020 during the lockdown.
- E-certificates to the participants and prizes to the winners have been given.
- World Environment Day was celebrated on 05-06-2020. Dr. D.P. Goyal, Principal/ YRC Chairman along with Dr. Shalini Agarwal, Counselor and members planted medicinal plants in the college. Our YRC volunteers planted plants at their own residences during the lockdown.

6. Name of College : **Government College Dujana**
Name of Principal : **Mrs. Neelam Sheoran**
Name of the YRC, Counsellor : **Mrs. Sandeep**

- Attended One day University level workshop by 15 volunteers and 01 counsellor Dated 27-09-2019, organised by Maharshi Dayanand University, Rohtak.
- "HIV/AIDS Awareness Rally" was organised by Youth Red Cross Unit of college Dated 01-10-2019. YRC Volunteers and Counsellor went to residential and commercial areas of village Dujana to aware people about HIV/AIDS. Volunteers also aware people about use of toll free number 1097 and 'NACO AIDS APP'.
- Organised FIRST AID AND HOME NURSING TRAINING CAMP free of cost for 50 YRC Volunteers in college campus, Dated 07-10-2019 to 16-10-2019.
- Set up First Aid Stall in Annual cultural fest "PANGHAT" Dated 18-10-2019 to 19-10-2019 to facilitate all the students.
- Attended One day University level Orientation Programme by 38 volunteers and 02 counsellor Dated 05-11-2019, organised by Maharshi Dayanand University, Rohtak.
- Set up First Aid Stall in 'MDU Inter College Rope Skipping Championship 2019-2020' in college campus, organized by MDU Rohtak, Dated 19-11-2019 to facilitate all the participants from 15 colleges.



- Attended ‘State level Youth Red Cross Training Camp’ by 05 volunteers and 01 counsellor Dated 06-01-2020 to 11-01-2020, organised by Indian Red Cross Society, Haryana State Branch at Kurukshetra.
- Attended University level Health Awareness/Training Camp (for Girls), Morni Hills, by 02 volunteers Dated 24-01-2020 to 30-01-2020, organised by Maharshi Dayanand University, Rohtak.
- Attended ‘District level Youth Red Cross Training Camp’ by 09 volunteers and 01 counsellor Dated 03-02-2020 to 07-02-2020, organised by Indian Red Cross Society, District Branch Jhajjar at Bahadurgarh. Team got first position in quiz contest in camp activities.
- Attended University level Health Awareness/Training Camp (for Boys), Jaiselmer and Jodhpur, by 02 volunteers Dated 05-02-2020 to 13-02-2020, organised by Maharshi Dayanand University, Rohtak.
- Deworming Awareness Programme was organized at college campus to celebrate National Deworming Day Dated 10-02-2020. On this occasion, medicines were also distributed to the students by Health Department.
- Set up First Aid Stall in Annual Sports Meet of college Dated 17-02-2020 to 18-02-2020 to facilitate all the students.
- Set up First Aid Stall in Annual Prize Distribution Function of college Dated 19-02-2020 to facilitate all the students.
- BLOOD DONATION CAMP was organized at college campus Dated 02-03-2020 in collaboration of Indian Red Cross Society, District Branch Jhajjar and Civil Hospital Jhajjar, in which 40 units were collected.
- Attended Special Online Lecture on ‘Update on Diagnosis, Management and Prevention of Covid-19’ Dated 08-05-2020 by YRC Volunteers and Counsellor, organized by Maharshi Dayanand University, Rohtak.
- Attended Webinar on “Creative and Compassionate Communication” Dated 16-06-2020 by YRC Volunteers and Counsellor, organized by Maharshi Dayanand University, Rohtak.
- Attended Webinar on ‘Importance of Aura in Personality Development Dated 18-06-2020 by YRC Volunteers and Counsellor, organized by Maharshi Dayanand University, Rohtak.

7. Name of College : Vaish Mahila Mahavidyalya, Rohtak
Name of Principal : Dr. Rashmi Gupta
Name of the YRC, Counsellor : Dr. Shaveta Gupta

- 39 volunteers College participated in ‘Women Safety and Self Defence’ workshop organised by MDU Rohtak.
- On the occasion of Gandhi Jayanti our college Youth Red Cross unit organised poster making and speech competition. Tree plantation and rally on swachhata also organised.
- Under SVEEP campaign college YRC unit organised poster making, rangoli, wall painting and signature campaign for voter awareness.



Youth Red Cross



- 35 volunteers of our college participated in the orientation programme organised by MDU Rohtak.
- 30 volunteers along with 2 faculty members visited village makrauli for spreading awareness about parali pollution.
- Five volunteers of our college participated in 7 days district Youth Red Cross camp organised by LN Hindu College.
- World AIDS Day- an extension lecture on HIV AIDS was organised in the college campus. Dr Asha from TB Hospital deliver and awareness lecture
- 8 days professional First Aid and Home Nursing camp was organised in college campus from 9th January to 16 January. 25 volunteers got training in this camp.
- 30 volunteers along with the counselor participated in the marathon on National Youth Day at Rajiv Gandhi Sports Complex
- Volunteers participated in awareness drive of Indian Air Force organised by MDU Rohtak
- Five volunteers of our college participated in 7 days district level camp organised by MKJK Rohtak
- Volunteers participated in three days' workshop on 'Road safety rules' organised by MDU Rohtak
- 14 volunteers of our college participated in district level youth Red Cross camp organised by Vaish College Rohtak
- National voters' day was celebrated in the college campus in which volunteers take oath for honest voting.
- One volunteer participated in a national level essay writing competition organised by Kanya Mahavidyalaya Kharkhoda.
- Five volunteers of our college participated in 5 days district level youth Red Cross camp organised by the government college for women Rothak.
- 5 Volunteers of our college participated in an earthquake mock drill at Sampla organised by District Red Cross Society Rohtak.
- 10 volunteers participated in workshop on 'use and abuse of social media' organised by MDU Rohtak.
- 10 volunteers participated in workshop on 'stress management' organised by MDU Rohtak.
- One-day Dental checkup camp for students and staff was organized by the youth Red Cross unit at our college. In this camp 120 students and 15 staff members were examined.
- Celebrating the birthday of Sir Jean Henry Dunant- (World Red Cross day) a state-level online 'Face Mask Making Collage making' competition was organized by the Youth Red Cross Unit of our college. Participants from different districts participated in a competition.

8. Name of College : **Sh. L N Hindu College, Rohtak**
Name of Principal : **Dr. Vijay Kumar**
Name of the YRC, Counsellor : **Shri Rajesh Gahlawat**

- On 07.02.2020 in an awareness programme with Red Cross Society Awareness VAN, 50 volunteers and teachers participated.
- District Level Seven Days Camp on 03.01.2020, 64 volunteers participated in it.
- AIDS Awareness Rally on 07.12.2019 in YRC, MDU, Rohtak, 10 Volunteers participated in that rally.



- Best YRC Award for excellence was received on 05.11.2019.
- YRC Blood Donation Camp on Saheed Bhagat Singh Jayanti i.e. 28.09.2019 in which 69 units of the blood was collected.
- Blood Donation Camp on Dr. Mangal Sein Jayanti 31.10.2019 was organized in which 39 units of the blood was collected.
- CAA Support Rally of bikes on 25.12.19 in Rohtak city in which 100 volunteers participated.
- Celebration of Constitution Day by organizing an expert lecture on 26.11.2019 in which 70 volunteers participated.
- Corona Awareness Campaign was done by 12 YRC Volunteers for 10 days for that noble cause they were awarded by the district administration on 11.06.2020.
- International Yoga Day on 21.06.2019 was celebrated by volunteers and teachers.
- 01 volunteer Participated in 7 Days Health Awareness/ Training Camp, Jaisalmer (Rajasthan) from 05.02.2020 to 13.02.2020.
- Lecture on Career Guidance on 16.02.19 was organized in which Mr. Vijay Rohilla, Distt. Project Officer, GRAVIT, and Mr. R.C. Puniya, Education Counselor guided volunteers about careers.
- Environment Awareness Rally on 07.11.19 in Taza MAzra village about Parali Pollution.
- Swachhta Abhiyan on Gandhi Jayanti on 02.10.19 in the Cleanliness drive 100 volunteers participated in it.
- Voter Awareness Rally was organized on 19.10.2019.

**9. Name of College : Maharaja Aggrasen P G College for Women,
Jhajjar**

Name of Principal : Dr. Anita Goyal

Name of the YRC, Counsellor : Smt. AnoopamaYadav

- Group discussion and slogan writing competition was organised on 16/09/2019 in which Importance of Nutrition and Fit India Movement, Importance of balanced diet, eating disorders in 10yrs-19yrs age group, Anaemia, causes and prevention and Obesity were the themes.
- A joint rally organized by Red Cross and NSS Unit on 17/09/2019 on Fit India Movement.
- Eight-day Professional training in First Aid and Home Nursing was organised at MACW, Jhajjar. Twenty-Five students were given professional training by Shri Kanchan from 13/09/2019 to 25/09/2019
- A discipline committee of sixteen YRC volunteers was constituted for maintaining discipline in the morning assembly on 26/09/2019
- A program was organized on Anti-Drug addiction, Say no to Plastics, and National Integration on the college premises on 01/10/2019.
- Declamation and poetry recitation competition on these topics covered in the program.
- Lecture on Drug-deaddiction by former YRC counselor Dr. Bharti Kaushik.
- Observance of “Voluntary Blood Donation Fortnight” from 1/10/2019 to 15/10/2019.
- Students were sensitized on HIV/AIDS and VBD through awareness lectures conducted by YRC volunteers, YRC counsellor and principal on 14-10-2019. Pledge was taken by



- YRC volunteers. IEC material related to HIV/AIDS and VBD was displayed. YRC students prepared posters and slogans, related to HIV/AIDS and VBD and the same was exhibited. Total 1040 students participated in the Awareness lecture.
- One-day Health Check-up on 15/10/2019 at MACW, Jhajjar. Free blood group, weight and haemoglobin tests were conducted for 126 beneficiaries. Total 100 students were registered for regular Voluntary Blood Donation. National Toll-Free Helpline 1097 was also displayed on the notice boards of the institution. Students were motivated and guided to download NACO AIDS APP about HIV/AIDS on their smartphones.
 - YRC volunteers actively participated in decoration and maintaining discipline in Alumni Meet at MACW, Jhajjar on 11/01/2020.
 - “Voter’s Day” Celebration on 25/10/2020 Declamation, essay writing, poster making, slogan writing competition organised by Red Cros and Political Science department.
 - Eight YRC volunteers attended District Level Youth Red Cross Training Camp at Vaish Arya Kanya Mahavidhyalaya, Bahadurgarh from 03/02/2020 to 07/02/2020.
 - Riya Rohilla stood first in Declamation on the topic “Women Empowerment” held on 4th Feb,2020.
 - Celebrated “Rastriya Kurmi Mukti Diwas” on 12/02/2020 District Health Counsellor Shri Sandeep Kumar Jangra delivered a lecture on health, faulty eating habits, and the lifestyle of students. He gave information regarding the use of Albendazole tablets.
 - Essay writing competition under the aegis of Red Cross Cell on “India’s Diversity is its Strength” on 18/02/2020
 - Organised “Corona Virus Prevention Program” on 22/02/2020, IEC material related to Corona Virus causes, prevention, symptoms were displayed. National Toll-Free Helpline displayed on notice boards. Students were motivated and guided to feed 91-11-23978046 and email ncov2019@gmail.com in their smartphones. Slogan writing and poster making competition on ‘Corona Virus’ were organized.
 - Declamation competition on ‘Corona Virus’ held at MACW, Jhajjar on 24-2-2020.
 - Celebrating completion of 100 years of Indian Red Cross, YRC volunteers of college welcomed one of the three buses deputed from Chandigarh for spreading awareness regarding activities and mission of Red Cross and St John Ambulance in India on 03/03/2020
 - YRC volunteers participated in slogan competition on COVID 19 organised by IB College, Panipat on 10/05/2020

10. Name of College : Government College Jatauli Haily Mandi

Name of Principal : Shri Virender Antil

Name of the YRC, Counsellor : Shri Surender Kumar

- Youth Red Cross (YRC) of Government College of Jatauli Haily-Mandi, Gurugram with the help of Red Cross Society Gurugram, organized a blood donation camp in college premises on 12th Oct. 2019 and collected 38 units of blood. This blood donation camp was inaugurated by chief guest Smt Krishna Devi mother of Sh. Amit Khatri (District Collector, Gurugram).
- On 12th January 2020 a Poster making event was organized to aware the students about HIV/AIDS and VBD and displayed the IEC material. A lecture is organized by health worker Smt Anuradha in order to aware the students about HIV/AIDS. She also promoted the Toll-free Helpline number 1097 for awareness of HIV/AIDS. In this



competition Priyanshi, Sonia, Vishal Sharma & Aarti got First, second and third positions respectively.

- National Toll-Free helpline 1097 was also promoted throughout the year at different places of college and in order to aware the students from Toll Free helpline number 1097, posters is pasted at different places of college.
- An Essay writing competition was organised on the theme of HIV/AIDS, Drug addiction, Role of youth in 21th century in which around 14 students took part in the month of February 2020. In this competition Anita, Payal and Sweta got 1st, 2nd, and 3rd positions respectively.
- First Aid and Home Nursing Training to Students was organized by YRC / RRC /NSS/NCC in our college under Red Cross Society, Gurugram from 08th-15th January 2020. By this training 15 boys (First Aid training) and 17 (both, First Aid and Home Nursing training) girls were benefited.
- Participated in “Youth Red Cross Training Camp” on dated 04th-08th Feb. 2020 at Govt. College for Girls, Sector-14, Gurugram, along with four students Shiva (B.A. III year), Mohit Kumar (B.A. III year), Himanshu (B.Sc. NM-III year) and Deepesh B.Com. III year.

11. Name of College : A I J H M College Rohtak

Name of Principal : Dr. Sangeeta Dalal

Name of the YRC, Counsellor : Dr. Vivek Dangi

- Mega Job Fair Organized by M.D. University, Rohtak (15th-16th July, 2019)
- Independence Day Celebration (15th August 2019)
- Youth Red Cross Shield for College (30th August 2019)
- Youth Red Cross Counsellor Award (30th August 2019)
- Road Safety and Traffic Rules One day camp (3rd September 2019)
- Organization of Blood Donation Camp-I (13th September 2019)
- Campaigning Against Plastic-I(17th September 2019)- 300 volunteers participated.
- First Aid and Home Nursing Training Camp-I: 18th-24th September 2019)- 165 volunteers participated.
- First Aid and Home Nursing Training Camp-II: 25th -30th September 2019)- 167 volunteers participated.
- Workshop on Women Security and Self Defense Organized by Youth Red Cross, M.D. University, Rohtak (27th September 2019)
- YRC Co-Ordinator Dr. Vivek Dangi and Dr. Lakshmi along with 117 YRC Volunteers of All India Jat Heroes’ Memorial College attended workshop on Women Security and Self Defense Organized by Youth Red Cross, M.D. University, Rohtak on 27th September, 2019 in RadhaKrishnan Auditorium, M.D. University, Rohtak.
- Systematic Voters’ Education and Electoral Rally (SVEEP)-29th Sep, 2019
- National Voluntary Blood Donation Day Celebration (1st Oct., 2019)
- On the Spot Poster Making Contest



- National NaiTalimSeven Days Awareness Camp (2nd -8th October, 2019)- About 200 YRC volunteers along with all Counsellors, Co-counsellors and Volunteers participated in the event.
- International Day for Disaster Risk Reduction (13th October, 2019)
- Participated in Rohtak Division Level Systematic Voters' Education and Electoral Participation (SVEEP) Program Organized by District Election Office, Rohtak (14th October, 2019)
- Participated in Systematic Voters' Education and Electoral Participation (SVEEP) Program Organized by Jat Education Society, Rohtak (15th October, 2019)- About 300 YRC volunteers along with all Counsellors, Co-counsellors participated in the event.
- Professional First Aid and Home Nursing Training Camp:
 - (16th – 23rd October,2019)
 - Professional First Aid and Home Nursing Training Camp was organized by YRC-Society of the college in the campus from 16th to 23rd October, 2019. Dr. Sangita Dalal, Principal of our college inaugurated the function.Twenty boys and fifteen girls YRC-Volunteers were given the training by Sh. D.S. Saini, Lecturer, Red Cross, District Rohtak. The list of the volunteers is given below:
- Orientation Programme, YRC-M.D. University (5th Nov, 2019)- YRC Co-Ordinator Dr. Vivek Dangi, and YRC Counsellors Dr. Manisha Dahiya, Dr. Monika, Dr. Kanta Rathee, Dr. Jasmer Singh Hooda, Dr. Lakshmi, Ms. Reetu Rani along with 79 YRC Volunteers of the college attended the Orientation Programme.
- World Day of Remembrance for Road Traffic Victims: Poster Making Competition 15-11-2019
- World AIDS Day Celebration: On The Spot Poster Making Contest (1st December, 2019)
- International Volunteers Day(5th January, 2020).
- State Level Youth Red Cross Training Camp at Punjabi Dharamsala, Kurukshetra, Organized by Indian Red Cross Society, Haryana State Branch (6th- 11th January, 2020)
- Health Awareness /First Aid camp for Youth Red Cross Volunteers and Counsellors of local Colleges and UTD to be held at DDE Conference Hal, M.D.University Rohtak (16th-22nd January,2020)
- Out of State Health Awareness/Training camp for girls organized by YRC , M.D. University, Rohtak at Morni (Panchkula) from 24th-30thJanuary, 2020 (Seven days camp)
- First Aid Post on Inter- School Competitions (28th January, 2020)- 63 persons including school children were given First Aid Treatment in the post.
- First Aid Post on Inter-College Competition (29th January, 2020)
- Participation in District Level YRC Training Camp Maharani Kishori Jat Kanya Mahavidyalya,Rohtak from 27thJanuary, 2020 to 2nd February, 2020
- Republic Day Celebration (26th January, 2020)
- Cleanliness and Environment Protection Rally at Village GarhiBohar27th Jan., 2020
- A rally was organized by the YRC volunteers of college on 27th Jan., 2020 in the village Garhi Bohar to make the people aware on Cleanliness and Environment Protection. The rally was flagged off by the Dr.Sangeeta Dalal, Principal, A.I.J.H.M.College, Rohtak to proceed towards village Garhi Bohar. Volunteers were welcomed by the staff of Government High School, Garhi Bohar. This rally was jointly organized by Youth Red Cross, University Outreach Program, NSS and Placement cell of the college.
- Zonal Level Youth Red Cross Meeting, Govt. Girls PG College, Rohtak, (1st February, 2020)



- Youth Red Cross, Zonal meeting was organized by Government Girls P.G. College, Rohtak at 2.30 P.M. Dr. Vivek Dangi, YRC Coordinator attended this meeting. The meeting was held under the Chairmanship of Principal, Government Girls P.G. College, Rohtak. Prof. Randeep Rana, Co-Ordinator, YRC M.D. University, Rohtak and nominees of Principles of various colleges of Rohtak District were present in the meeting.
- Participation in District Level YRC Training Camp organized by Vaish College, Rohtak from 4th Feb., 2020 to 8th Feb.,2020.
- In the District Level YRC Training Camp organized by Maharani Kishori Jat KanyaMahavidyalya, Rohtak,our ten volunteers participated. The list of volunteers is given below:
- Out of State Health Awareness/Training camp for boys organized by YRC M.D. University, Rohtak at Jodhpur and Jaisalmer (Rajasthan) from 5th February, 2020 to 13th February, 2020 (Seven days camp)
- Out of State Health Awareness/Training camp for boys was attended by two male volunteers. The Camp was organized by YRC, M.D University in Jodhpur /Jaisalmer (Rajasthan) from 27-01-2017 to 09-02-2016 (Seven days camp)
- Dental health Checkup Camp at College Campus (13-02-2020)- A total of 120volunteers and faculty members were examined by the doctor.
- Organization of Five- days District Level Youth Red Cross Training Camp in A.I. Jat H.M. College, Rohtak (20th – 24th February, 2020)- In the Camp YRC-Volunteers of colleges of Rohtak District were invited, 143 YRC volunteers from 06 different colleges attended the Camp.
- Participated in District Level Youth Red Cross Training Camp Organized by Government P.G. College For Women, Rohtak (25th- 29th February, 2020)
- Participated in One Day Workshop on topic “Use and Abuse of Social Media” for Youth Red Cross Volunteers and Counsellors of UTD and local colleges affiliated with MDU Rohtak organized by YRC M.D. University, Rohtak (26th February, 2020)- Twelve volunteers of All India Jat Heroes’ Memorial College, Rohtak **participated** in the Workshop.
- Participated in One Day Workshop on topic “Stress Management” for youth Red Cross Volunteers and Counsellors of UTD and local colleges affiliated with MDU, Rohtak organized by YRC, M.D. University, Rohtak (27th February, 2020)- Twelve volunteers of All India Jat Heroes’ Memorial College, Rohtak participated in the event.
- First Aid Post During National Science Day Celebrations (28th February, 2020).
- Participated in the Event organized by Indian Red Cross, Rohtak District “ 100 Years of Red Cross” (1st March, 2020).
- Organization of five days District Level Youth Red Cross Training Camp-2 in A.I. Jat H.M. College, Rohtak (02-03-2020 to 06-03-2020).
- Organizing Committee of the Camp-Youth Red Cross of the College is organising Youth Red Cross District Level Training Camp-2 from 02-03-2020 to 06-03-2020. A committee of following staff members is constituted to organise the said camp.
- First Aid Post during first day of Annual Athletic Meet of the college(03-03-2020)- During the first day of athletic meet of the college, YRC volunteers established First Aid Post to help the injured during the event. five **volunteers** gave their service on 03-03-2020.
- First Aid Post on Second day of Annual Athletic Meet of the college (04-03-2020) - During the Second day of athletic meet of the college, YRC volunteers established First



Aid Post to help the injured during the event. **five volunteers** gave their service on 04-03-2020.

- Distribution of Mask and hand Sanitizer-1 (19 March, 2020)
- Distribution of Mask and hand Sanitizer in Boys Hostel-2 (23 March, 2020)
- International Red Cross Day Celebration (08-05-2020)
- M.D. University Youth Red Cross Special Online Lecture on Update on Diagnosis, Management and Prevention of COVID-19 On 8-05- 2020
- Distribution of Mask and hand Sanitizer-3 (10 May, 2020)
- Anti-Terrorism Day-2 (21-05-2020)
- Blood Donation Camp-2 (22-05-2020)
- Rural Health Camp at village Rurki, District Rohtak on 31st May, 2020.
- Health Check-up Camp at College Campus (02-06-2020)
- World Environment Day (Tree Plantation) (05-06-2020)
- National Level Photography Competition on COVID-19/ Corona Warriors/ Nature (06-06-2020)
- Participated in E-Quiz Competition and Slogan Writing Competition on World Blood Donor Day Organized by YRC MDU on 14-06-2020
- M.D. University Youth Red Cross Webinar on Creative and Compassionate Communication on 16-06- 2020.

12. Name of College : **GGDSD College Palwal**
Name of Principal : **Dr. G K SAPRA**
Name of the YRC, Counsellor : **Dr. Parveen Kumar**

- On dated 27.09.2019- One day workshop at MDU Rohtak attended 7 students of this college along with counsellor.
- One day Orientation programme organized by MDU Rohtak this programme attended by 8 students on 05.11.2019.
- District Level Youth Red Cross Training Camp organized by Saraswati Mahila College Palwal on 04.02.2020 to 08.02.2020.
- Blood Donation camp organized by college and 107 Unit Blood Collected by District Red Cross Palwal.

13. Name of College : **Govt. College Birohar (Jhajjar)**
Name of Principal : **Dr Raj Kumar Verma**
Name of the YRC, Counsellor : **Sh. Narender Singh**

- 09 Volunteers participated in Radha Krishan Auditorium M.D.U. Rohtak for One Day Workshop on Women Security and Self Defence on September 27, 2019.
- 17 Volunteers with Narender Singh YRC counsellor participated in Radha Krishan Auditorium M.D.U. Rohtak for one-day orientation programme for YRC Volunteers and counsellors on November 05, 2019.
- A Magic show programme was held on 30-08-2019 with the help of the District Council for Child Welfare, Jhajjar. The amount of Rs2670/- was collected in college for child welfare.
- First Aid Post of 10 Volunteers was established in Annual Sports Meet of Govt. College Birohar on 8-9 November 2019.
- Two YRC Volunteers Nikita and Seva Rani attended seven days Health awareness/Training Camp for girls held at Morni Hills 24-01-2020 to 30-01-2020.



- 7 Volunteers with Counselor Mrs. Manju Kumari attended District Level Youth Red Cross Training Camp held at Arya Vaish Kanya College Bahadurgarh from 3 Feb. to 7 Feb. 2020. Mr. Ashok volunteers of our college were awarded best volunteers (Male) in this training Camp.
- Rastriya Krimi Mukti Diwas was organized on 10 February, 2020 in our college. Dr. Keshav Solanki, PHC Birohar delivered a lecture on this day and distributed the tablets of albendazole to the students.
- Awareness programme on Corona Virus was organised on 07-03-2020 in college. Mr. Minal of the commerce department delivered a thoughtful lecture on Corona Virus.

14. Name of College :K.L.Mehta Dayanand College for Women, Faridabad
Name of Principal :Dr.
Name of the YRC, Counsellor :Mrs. Archna Dua, Dr. Sangeeta Kulshrestha

- World Breastfeeding Week is celebrated in the first week of August. On 2nd August 2020, Mrs. Benu Mehta gave a lecture on the advantages of breastfeeding.
- On 30th August 2019, our College received the Youth Red Cross Shield for the year 2017 - 18 from the Honorable Governor cum President, Indian Red Cross Society(Haryana State Branch).
- Mrs. Archna Dua also received Best Counsellor Award from the Honorable Governor cum President.
- Orientation lecture was given by Mrs. Archna Dua on 6th September 2019. Volunteers also took the Red Cross Pledge.
- During the first week of September, National Nutrition Week is celebrated. Poster Competition on the topic “Nutrition and Health” was organized.
- A healthy recipe contest was organized. Dr. Suruchi, Wellness Expert from Fortis Hospital, Faridabad gave a talk on “Healthy Lifestyle”. Volunteers presented a puppet show on the topic “Anemia during Pregnancy”, which was very much liked by the students. A Nukkad Natak presentation on “Poshak Aahar, Desh ka Aadhar” was given by YRC volunteers.
- Eye checkup camp was organized by Fortis Hospital, Faridabad on 8th September 2019. After the camp, a lecture was given by Dr. Deepak from Fortis Hospital, Faridabad on “Eye Care”.
- Our volunteers visited Deaf and Dumb school in Bal Bhawan on 19th September 2019. There, the volunteers also presented a puppet show.
- On 30th September 2019, a talk on “Life Skills” was given by Mr. Shalabh Mittal and Mrs. Bharti Dudeja.
- A slogan writing competition was held on the topic “Say No to Plastic” on 9th October 2019. Ours is a Plastic free campus.
- On the same day, Cloth Bag making competition was held in which volunteers made beautiful bags from old clothes like jeans, T-shirts etc.
- During Oral Health Awareness Campaign (9th September - 19th September), Dr. Vandana Mehta from B.K. Hospital, Faridabad talked to the volunteers regarding Oral Health on 12th October 2019.
- On November 8th 2019, lecture on “Personality Development” was given by Mrs. Meenu and Mrs. Priya Suresh.
- On the occasion of World AIDS Day, Mrs. Shweta Arya (Assistant Professor, Zoology Department) talked about causes and prevention of AIDS. Audience was also told about NACO.



- A documentary film on AIDS was also shown to the students.
- On 19th December 2019, our volunteers along with a Counsellor visited Government Girls Senior Secondary School, Village Pali, Faridabad. They talked to 8th class students on “Menstrual Hygiene and Nutrition”. The school students talked freely to the volunteers about their problems.
- In school, our volunteers presented Nukkad Natak on the topic “Junk Vs Healthy Foods” in front of 6th, 7th and 8th standard students.
- On 18th January 2020, a lecture on “Key to Relationship” was given by Mrs. Anita Narain.
- On 23rd Jan 2020, YRC volunteers visited Blind school. This is necessary for the sensitization towards the handicaps. Many of the teachers in our college are giving donations to the Blind school and other such NGOs.
- Dr. Ravi Shekhar Jha from Fortis Hospital, Faridabad gave a very informative lecture on COVID-19 and its prevention on 29th February 2020.
- Lecture on “Managing Stress Negativity” was given by Mrs. Priya Suresh on 29th February 2020.
- On the same day, Mrs. Anita Narain gave a lecture on “A ceiling on Desires”.
- Our volunteers made masks during the starting of lockdown 2.0 from the materials available at home.
- Many videos on COVID-19 were made by our volunteers to spread awareness through social media.
- A poetry writing competition was held on 20th April 2020. Topic was “Attacks on Doctors and other Corona Warriors”.
- A video-making competition was held on 21st April 2020 on the topic “COVID-19 and its prevention”.
- On 29th April 2020, Poster making competition was held on the college level to spread awareness.
- An Inter-college E-Contest was held on 2nd May 2020. The following competitions were held- Video Making, Poetry Writing, Poster Making, Cartoon Making and Slogan Writing
- To celebrate International Red Cross Day on 8th May, digital poster making competition was organized.
- On 31st May 2020, World No Tobacco Day is celebrated. A slogan writing E-Competition was organized on the topic “No Tobacco/ Dhoomrapan Nishedh”.
- To celebrate the World Environment Day, a poster making competition was held on the topic “COVID-19 and Nature’s Transformation”.
- During lockdown period, our volunteers participated in various competitions organized by other colleges and won many prizes.
- Many of the volunteers participated in the webinar on “Menstrual hygiene” organized by Shri Vishwakarma Skill University.
- To celebrate International Yoga Day on 21st June 2020, a video making competition was organized where the participants were expected to perform various Yogasanas.
- Webinar on “Power of One” was organized on 22nd June 2020. The main speaker was Mr. LVM Kishore, Vice President, Times of India group.

15. Name of College

:Government College for Women

Jassaur Kheri Jhajjar

Name of Principal

:



Name of the YRC, Counsellor

: Mr. Rakesh Singh

- Lecture on awareness and prevention of HIV/AIDS and drugs.
- Awareness programme for blood donation.
- Distributed “Albendazole” tablets to all students and motivated to take balance and proper diet.
- Competition, debate and poster making on awareness of HIV/AIDS.
- Awareness on side effects of use of Alcohol on the society and own health.
- National De-worming Day was celebrated on 20.08.2019.
 - Albendazole Tablets received- 76
 - Distribute among students- 76

16. Name of College

:Government College for Women Rohtak

Name of Principal

: Mrs. Poonam Bhanwala

Name of the YRC, Counsellor

:Dr. Parveen Khatri

- 12 SEPTEMBER-19 SEPTEMBER 2019 It is well known fact that First –Aid training in this ‘Machine Yug’ is very important and beneficial. Keeping in view the importance of it a 7 day First-Aid training camp was organized by GOVT. P.G. COLLEGE, ROHTAK in Youth Red Cross hall from 12.09.201 to 19.09.2019. The camp was inaugurated by our principal Mrs. Poonam Banwala. The training programme was free of cost for the volunteers. The total of 60 volunteers attended this camp. Mr. Parveen was the keynote peaker during this.
- The second first aid and home nursing camp was organized in GOVT. P.G. COLLEGE FOR WOMEN’S, ROHTAK from 10 February to 17 February 2019. A total of 50 volunteers attended this camp. P.K. Bhardwaj was the keynote during this camp. During this YRC convener Dr. Parveen Khatri were also present.
- From 12 September to 19 September 2019 a professional training camp was organized by our unit. This camp was inaugurated by Mrs. Poonam Bhanwala and YRC Counselor DR. Parveen Khatri. A total of 50 volunteers who have attended first aid camp earlier attended this camp, free of cost. Mr. Parveen was the keynote speaker during this.
- From 25 February to 29 February a 05 day district level camp was organized by our unit. This camp was inaugurated by our Chief Guest Baljeet Singh on 26th February 2020 (Retired Principal). During this YRC convener Dr. Parveen Khatri, Dr. Satish Panghal , Mrs. Lalita and Miss Reena were also present. 07 DAYS Awareness Camp
- From 01 MAY to 05 MAY 2020 a 07 day camp was organized by our unit, in which our 150volunteers took part and they were divided into 2 teams . In the first three days of camp first team of 75 volunteers made 1000 masks. In last 04 days of camp remaining 75 volunteers distribute masks in different colonies. Our volunteers were made people aware about social distancing and other precautions they should take during this pandemic.
- A voluntary blood donation camp was organized on 05 March 2020. This was inaugurated by Mrs. Poonam Bhanwala. 41 volunteers and teachers donated their blood



in this camp. Dr. Parveen Khatri (YRC Councillor). Mrs. Reena , Dr. Satish Panghal were also present in this camp .

- A basic health check-up camp was organized in our college campus on 12th February 2019 in which a team from Venkateswara Hospital , Delhi came. In this camp 190 volunteers and staff members took advantage. In this camp BLOOD SUGAR, BLOOD PRESSURE, BODY MASS INDEX AND DENSITY , PULMONARY FUNCTION was tested for free.
- On 18-19 FEBURARY a free eye check-up camp was organized by our unit with the help of ISHWAR EYE CENTRE ROHTAK. This camp was inaugurated by our principal. In the first phase of this camp 400 students and staff members were benefited. Dr. Anuradha and her team checked the eyes of students and suggested some ways to take care of their eyes.
- ZONAL MEETING 01 FEBRUARY 2020 - A zonal meeting was organized on 1 February in our college. In this meantime our chairperson DR. Randeep Rana, our principal Mrs.. Poonam Bhanwala, YRC Counselor Dr. Parveen Khatri was present. During this meeting total of 13 colleges and 17 representatives were present.
- Shram Daan on 22 February – 25 February 2020-During this 25 volunteers of YRC participated in which they covered area of A block, B block , the front of library and a little Canteen area. on this occasion Mrs. Poonam Bhanwala and YRC Convener were present. During this YRC convener Dr. Parveen Khatri, Mrs. Lalita and Miss Reena were also present.
- The YOUTH RED CROSS SOCIETY launched an AIDS awareness campaign. In which poster making, poem and speech recitation competitions was organized by RED RIBBON CLUB of our college on 07th February 2020. In addition to this, the volunteers of our team made the symbol of Red ribbon club. During this Dr. Ajay from T.B. hospital and Dr. kusum from civil hospital along with our YRC convener Dr. Parveen Khatri was also present. They told our volunteers about AIDS prevention and treatment.
- Workshop on WOMEN SECURITY, BETI BACHAO BETI PADHAO! 15 FEBURARY 2020-On this day one day workshop was organized by Youth Red Cross society under the chairmanship of the principal Mrs. Poonam Bhanwala. On this Mrs. Rajesh Nandal vice principal of Model school Sector -4 was the keynote speaker. She expressed her views on women security and beti bachao beti padhao. Along with this she told the students the methods of self defence. In this camp 200 volunteers were benefited, also volunteers recited poems and songs on beti bachao beti padhao and presented cultural programs. During this YRC convener Dr. Parveen Khatri, Mrs. Lalita and Miss Reena were also present.
- One Day Workshop on Cancer -On October 05, 2019 an extension lecture was organized by our Youth Red cross society whose resource person was Dr. Bhuvan chugh from Medanta hospital, Gurugram. He made the students aware in context of symptoms and treatment of cancer. Mainly he focuses on Blood cancer, Uterus Cancer and Breast cancer and answer the questions of the student's problems. During this YRC convener Dr. Parveen Khatri, Mrs. Lalita and Miss Reena were also present.



- One Day Workshop on Health and Hygiene on 18 October one day workshop on health and hygiene was organized by our unit. This workshop was inaugurated by our principal Mrs. Poonam Bhanwala . She encouraged the students to pay attention to their food and living habits. After that Dr. Parkhi from FORTIES HOSPITAL delivered their lecture on health and hygiene and their team of doctors checked up 350 students. After that volunteers presented their cultural programs and 15 volunteers took part in speech competition and expressed their views on Health and Hygiene. During this YRC convener Dr. Parveen Khatri, Mrs. Lalita and Miss Reena were also present. WORKSHOP ON EYE CARE 06 FEBURARY 2020
- On that day a lecture on eye care delivered by Dr. Vikram Sharma and Dr. Prajwal from ISHWAR EYE CENTRE, ROHTAK. He gave some tips of eye care and protection to our volunteers. At the same time he also told about the treatment of eyes showing the importance of eyes. During this YRC convener Dr. Parveen Khatri, Dr. Satish Panghal , Mrs. Lalita and Miss Reena were also present. CORONA VIRUS RALLY 08 FEBURARY 2020 On 08 February 2020 a rally on corona virus was organized by our unit which was started by our principal. In this rally 100 volunteers took part. In this the students were made aware about the preventive measures to be taken during this pandemic. Our volunteers appeal to be patpatient this situation and requested to not to connect common Cold and fever with corona virus. During this YRC convener Dr. Parveen Khatri, Mrs. Lalita and Miss Reena were also present.
- PRABHAT FERI (PARALI – AIR POLLUTION) 06 NOVEMBER 2019 On this day a rally was taken out by our volunteers in khedi sadh village at 6:30 am earlier this was continued in kanheli village at 9:am. In this Prabhat ferri villagers and farmers were motivated not to burn stubble(parali) and also taught about its side effects by our volunteers through slogans (KISANO NE YE THANA HAI PARALI NHI JALANA HAI , HAWA KO SHUDH BANANA HAI PARALI NHI JALANA HAI)
- 01 OCTOBER 2020 All India voluntary Blood donation day was celebrated. In this program students participated in speech and poem competition. Approximate 180 volunteers participated in this one-day camp. In this program volunteers were motivated to donate blood voluntary. In speech competition Nisha, B.A. 1st got first position and in poem competition lovely got 1st position. During this YRC convener Dr. Parveen Khatri, Mrs. Lalita and Miss Reena were also present.
- CLEAN AND GREEN CAMPUS 14 SEPTEMBER 2019 On this day a rally on green and clean campus was organized by our unit of Youth Red Cross society This rally reached college via Mansrover park. 200 volunteers took part in this rally also a street play was also presented. After those volunteers reached at Rithal village to make aware the villages about the WATER CONSERVATION AND PLANT MORE TREES. Where they inspired villagers to save water through their posters, poems , slogans . During this YRC convener Dr. Parveen Khatri, Mrs. Lalita and Miss Reena were also present.
- On that day National De-worming day was celebrated by our youth red cross society. This celebrated in two phases first on 8th August and second on 20 august 2019. In this 3000 students were given albandazole tablets. 150 volunteers of Youth Red Cross



- participated in this program. In this students made aware that they do not walk barefoot, keeping their food and hands clean during eating and drinking.
- SWACH BHARAT ABHIYAN AND NATIONAL ANTI DRUG DAY 02 OCTOBER 2019 On this day a camp was organized by our unit on fit India movement and swach bharat abhiyan . In this camp volunteers filled 20 plastic bags and polythenes in college campus . After this they took out a rally from college to dlf colony in which the people who come on the way were made aware of the damage caused by plastic and suggested to minimize the use of plastic. Along with people aware of no use of alcohol and drugs by our volunteers . After this a speech competition was also conducted in college campus . During this YRC convener Dr. Parveen Khatri , Dr. Satish Panghal , Mrs. Lalita and Miss Reena were also present.
 - FIT INDIA MOVEMENT 29 AUGUST 2019 On this day the speech of our honorable PRIME MINISTER SHRI NARENDRA MODI Ji Was narrated to everyone , after that yoga was also done by our volunteers. In the end of this camp some physical activities like games were also enjoyed by our volunteers. During this YRC convener Dr. Parveen Khatri, Mrs. Lalita and Miss Reena were also present.
 - On 21st September 2019 INTERNATIONAL PEACE DAY was celebrated by YOUTH RED CROSS SOCIETY, GOVERNMENT P.G. COLLEGE FOR WOMEN'S, ROHTAK. In this volunteers were motivated to maintain and love peace. During this program poem and speech recitation and poster making competition on the theme PEACE was also conducted. During this YRC convener Dr. Parveen Khatri, Dr. Satish Panghal, Mrs. Lalita and Miss Reena were also present. PULWAMA ATTACK TRIBUTE Paying tribute to the soldiers martyred in the Pulwama attack, YRC volunteers were welcomed Puneet Acharya on the gate of Government Women's College, coming from Eilanabad to Amar javan Jyoti India Gate. Volunteers Kept silent for 2 minutes in memory of the martyred soldiers in Pulwama.
 - EYE DONATION CAMP 28 AUGUST 2019 - An eye donation camp was organized by YOUTH RED CROSS SOCIETY under the chairmanship of principal Mrs. Poonam Bhanwala. In which Dr. Parveen khatri told the importance of eye donation and also motivated the volunteers for eye donation. 200 volunteers participated in this camp and 20 volunteers enrolled for eye donation. 25 volunteers made posters on eye donation. During this Dr. Satish Panghal , Mrs. Lalita and Miss Reena were also present.
 - On 29 September 2019 YOUTH RED CROSS SOCIETY in association with voters club Celebrated voter's day in which foreign delegated were welcomed. Our volunteers made posters on voter's day During this our YRC councilor Dr. Parveen khatri, Miss Reena, Mrs. Lalita and Dr. Satish Nanghal were also present.
 - On 28th February 2020 to publicize the motives of RED CROSS SOCIETY an awareness van was started on the completion of 100 years of RED CROSS in which 20 volunteers of our unit took part. On 01 march this van was welcomed by our 50 volunteers, headed by our principal Mrs. Poonam Bhanwala in our college campus. During this our YRC convener Dr. Parveen Khatri was also present.
 - ANNUAL MEETING 02 AUGUST 2019 on this day an annual meeting was organized by our convener Dr. Parveen Khatri in which YRC volunteers was told about the



YOUTH RED CROSS motive, its origin, history and its upcoming activities. Dr. Parveen khatri encouraged our volunteers to actively and voluntarily participate in upcoming activities. On third day YRC volunteers took pledge to give their own social service voluntarily.

- CHARKHI DADRI CM RALLY 13 AUGUST 2019-On this day 50 YRC volunteers took part in a rally held in Charkhi dadri To bow to the martyrs. In which our honorable CM SHRI MANOHAR LAL KHATTAR addressed the youth During this our YRC convener Dr. Parveen khatri was also present. STATE LEVEL PROGRAM OF YOUTH NATIONAL YOUTH DAY (12 JAN. 2020) On this day our YOUTH RED CROSS volunteers actively participated in the marathon held at RAJIV GANDHI STADIUM. WORKSHOP / ACTIVITIES ATTENDED BY YRC VOLUNTEERS ORGANIZED BY MDU, ROHTAK
- 10 SEPTEMBER 2019 – VEDIC MEDITATION: Our 60 volunteers participated in this programme organized in Tagore auditorium. During this our convener Dr. Parveen Khatri was also present.
- 27 SEPTEMBER 2019 – WOMEN SECURITY AND SAFETY: 200 Volunteers of our team actively participated in this program which was organized in Radha Krishna Auditorium.
- 22 JANUARY 2020 – WORKSHOP ON INDIAN AIR FORCE: Our 150 volunteers attended this workshop with our convener DR. PARVEEN KHATRI.
- HIV AIDS CAMP ON YRC OFFICE, MDU: (02 DECEMBER 2019) During this camp our YRC volunteers participated actively and our convener Dr. Parveen khatri was also present.
- JOB FAIR (12 JULY 2019 – 16 JULY 2019) During this fair YRC volunteers give their voluntarily service for 4 days in MDU JOB Fair
- WORKSHOP ON ANEMIA: (05 APRIL 2019) During this workshop YRC volunteers actively participated in this with our convener Dr, Parveen khatri
- WORKSHOP ON DEMOCRATICS AND POLITICS (14 OCTOBER 2019): During this workshop our YRC volunteers actively participated in this with our convener Dr, Parveen khatri
- BLOOD DONATION CAMP (14 OCTOBER 2019) During this workshop yrc volunteers actively participated in this with our convener Dr, Parveen khatri
- INTERNATIONAL YOGA DAY (21 JUNE 2019) During this workshop yrc volunteers actively participated in PASHU MELA GROUND with our convener Dr, Parveen khatri participation of our volunteers in national / state / district level camps.
- A state level 05-day camp was organized by HINDU COLLEGE in which our 5 volunteers participated and showed their talent on 03.01.2020 - 07.01.2020
- A state level workshop of two days held at Sonipat was organized in which 2 volunteers; Tammana and Anuradha took part. During this YRC convener Dr. Parveen Khatri was also present on 17.02.2020-18.02.2020.
- A camp was organized by MDU ROHTAK at Morni hills Panchkula. In which our 4 volunteers took part and showed their talent. Tanya Gupta was selected for BEST VOLUNTEER of that camp on 24.01.2020- 30.01.2020.



- A state level 07-day camp was organized by M.K.J.K college in which our 5 volunteers actively participated on 27.01.2020-02.02.2020.
- A state level camp was organized by VAISH COLLEGE, ROHTAK in which 3 volunteers of our unit participated on 04.02.2020 – 08.02.2020
- A national level health awareness camp was held at Haridwar in which our 7 volunteers along with YRC team member Miss Reena (Asst. professor) participated on 01.11.2019-06.02.2019.
- A national level workshop was organized by Dayal Singh college, karnal in which our 2 volunteers participated: Leena and Tanya on 27.02.2020.
- Workshop on use and abuse of social media in which our 15 volunteers took part with Mrs. Lalita Yadav on 26.02.2020-27.02.2020
- A state level camp was organized at Masoorie in which our 3 volunteers participated: Leena, Tammana, Sangita on 04JUNE2019-10 JUNE2019.
- A 7-day YRC camp was organized by MDU, Rohtak in DDE Hall in which our volunteers took part. webinars and competitions attended by our volunteers' webinars on 14 JUNE – 21 JUNE 2019
- Webinar on diagnosis management and prevention of COVID 19 on 08 May 2020 by MDU, Rohtak
- Webinar on creative and compassionate communication on 16 June 2020 by M.D.U, Rohtak
- Webinar on the importance of Aura and personality development on 18 June 2020 IN MDU, Rohtak QUIZZES AND COMPETITIONS – •
- State level quiz competition organized by GOVERNMENT P.G. COLLEGE FOR WOMEN'S ROHTAK on 25 May 2020 related to general awareness, COVID-19 and Red cross society.
- State level inter college competition was organized by VAISH COLLEGE ROHTAK (write exclusive ideas on the topic "HOW TO TACKLE AN EPIDEMIC ?") in which our YRC volunteer PRAGYA got first position .
- Our volunteers participated in E quiz and slogan writing competition on WORLD BLOOD DONAR DAY by MDU, ROHTAK.
- State level face mask making and collage making competition was organized by Vaish Mahilla Mahavidyalya, Rohtak in which YRC volunteer of our unit Pragya got 2nd position (College Making competition) e collage making e-poster making competition 17 April 2020 video link of Youth Red Cross Society , govt. P.G. College for women during lockdown on the precautions taken during this pandemic (COVID-19).

17. Name of College

:Government College, Bahadurgarh

Name of Principal

: Dr.

Name of the YRC, Counsellor

:Sh.

- First Aid training was given to 50 YRC Volunteers by Mr. Vinay Kumar (First Aid & Home Nursing Trainer), Red Cross Society Jhajjar from 6th Jan. 2020 to 13th Jan. 2020.
- Seven YRC volunteers attended district level youth red cross training camp from 3rd Feb. 2020 to 7th Feb.2020 in Vaish Arya Kanya Mahavidyalaya, Bahadurgarh.



- Government College, Bahadurgarh got 2nd position in quiz competition held in Vaish Arya Kanya Mahavidyalaya, Bahadurgarh during district level youth red cross training camp.
- An extension lecture was also conducted in Government College Bahadurgarh for creating awareness regarding AIDS among students.
- National Deworming Day (NDD) was also celebrated in Government College, Bahadurgarh.

**18. Name of College : Government College For Girls, Manesar,
Gurugram**

Name of Principal : Dr.
Name of the YRC, Counsellor : Sh.

- Youth Red Cross Society, Gurugram has organized a 5-day camp at GGC, Sector-14 Gurugram from February 4, 2020 to February 8, 2020. Ten students from the college accompanied by a faculty member have attended the camp.

19. Name of College : Vaish Arya Kanya Mahavidyalaya
Name of Principal : Dr. Rajwanti Sharma
Name of the YRC, Counsellor : Sh. Shalu Sharma

- Awareness program was organized about SSG app 2019 regarding cleanliness on 28.08.2019 by YRC volunteers.
- National Sports Day was celebrated under Fit India Movement on 29.08.2019 by YRC volunteers.
- On 30th August 2019 under fit India Movement Aerobic exercise was initiated by 26 YRC volunteers
- Two sessions of Yoga were organized by 26 & 19 YRC volunteers on 31.08.2019 and 05.09.2019 under fit India Movement.
- Physical activity in the form of various exercise in order to spread message regarding the importance role of workout to keep fit themselves common man on 06.09.2019
- Workshop on “Woman Health Issues and Nutrition: was organized by YRC Unit on 09.09.2019. Dr. Jyoti Malik, Gynecologist and Dr. Gunjan, Dietitian were the Resource person from Jivan Jyoti Hospital Bahadurgarh.
- Extension Lecture and Group Discussion on Nutrition on 13.09.2019 was organized by YRC unit and 76 YRC volunteers attended this lecture under celebration of Poshan Maah.
- On 21st sept. 2019 International Peace day was celebrated by YRC Unit.
- On 01.10.2019 International Blood Donation Day was celebrated.
- On 01.10.2019 Health Check up camp was organized in Primary Secondary School Hassanpur at Parnala Village.
- On 02.10.2019 the Gandhi Jayanti was celebrated by YRC Unit through Shanti Path Yatra and take Oath to clean environment.
- Extension Lecture was organized on 28th Oct. 2019 on “Distress to De-stress” by Brahma Kumaris Bahadurgarh Shri B. K Sanjeev & B.K Yesu Bahan, delivered the lecture.
- 10 YRC volunteers alongwith Counsellor attended Workshops on Woman Security and Self Defence organized by MDU Rohtak.



- Extension Lecture was organized on “My Vote, My Right” on 13th Sept. 2019. 50 YRC Volunteers attended this Lecture, Shri, Bansilal Tehsildar (Resource Person) Bahadurgarh and Election team Bahadurgarh, delivered the lecture.
- Poster Making Competition on “Importance of Vote” was organized on 9th Oct. 2019 under SVEEP. 15 YRC volunteers participated in this competition.
- On 10th Oct. 2019 Community Programme Via Poster Display by YRC volunteers outside the college Campus- Line Paar Area.
- On the Occasion of International Balika Diwas YRC volunteers presented skit on “Youth Chala Booth”.
- YRC Volunteers were distributed Help Book – Lets to aware students about the rule and regulations of Polling on 19.10.2019.
- Slogan and Poster making Competition on Anti-Corruption on 28.10.2019.
- 7 Days first Aid & Home Nursing Training camp from 12.10.2019 to 25.10.2019.
- State level YRC training Camp for Girls at Shri Anant Prem Ashram, Haridwar w.e.f 01 Nov. 2019 to 06th Nov. 2019.
- Haryana Day was celebrated by YRC volunteers on 01 Nov. 2019.
- 31.10.2019 under Vigilance Awareness week 2019 YRC volunteers spread awareness about Corruption free Society through a poster display at Line Paar area Bahadurgarh.
- 35 Volunteers and Counselor participated in Orientation Programme at M.D. University, Rohtak on 05.11.2019.
- One Day Workshop on Women Security and Self Defence on 16.11.2019.
- Communal Harmony Campaign 2019 was celebrated by YRC Unit 19th Nov. 2019 to 25th Nov. 2019.

20. Name of College

:Gaur Brahman Degree College, Rohtak

Name of Principal

:Dr. Jaipal Sharma

Name of the YRC, Counsellor

**:Dr. Kapil Kaushik , Mr. Tarun Vats,
Mrs. Manju Devi, Mrs. Manish Kaushik**

- Rally "Saheedo Ko Naman" at Charkhi Dadri on 10/8/2019
- Blood donation camp (College Campus) on 9.9.2019
- Election Awareness Rally on 21.09.2019
- Rally on the eve of “Voluntary Blood Donation Day on 01.10.2019”
- Home Nursing and First Aid Training Camp from 09.10.2019 to 13.10.2019
- Free Health Check-up Camp on 10.10.2019
- Poster Making Competition on 12.10.2019

21. Name of College

:Aggarwal College, Ballabgarh

Name of Principal

:Dr. Krishan Kant

Name of the YRC, Counsellor

:Dr. Jay Pal Singh

- Total Number of Students enrolled during the year 2019-20 in the College:150.
- Total Number of First Aid Training Imparted to the students at the College during 2019-20 were 3.
- 05 Days First Aid & Home Nursing Training Camp was organized in the college from 16.09.2019 to 20.09.2019 with St. John Ambulance Association Faridabad & District Red Cross Society Faridabad. 70 volunteers attended the training camp.



- 07 Day Professional First Aid & Home Nursing Training was organized in the College from 16.12.2019 to 22.12.2019. 60 volunteers attended the training camp.
- 05 Day First Aid & Home Nursing Training camp was organized in the College from 24.02.2020 to 28.02.2020.
- No. of Youth Red Cross Seminars organized: 06
 - (i) Workshop on ‘Awareness Programme against Drug Abuse’ was organized by the college with District Red Cross Society, Faridabad on 04.11.2019.
 - (ii) Health Talk was organized on the Topic ‘Common Gynaecological Disorders: what women should know’ on 19.11.2019.
 - (iii) Workshop on ‘Self Defence’ was organized in the college on 20.01.2020 with Haryana Kick Boxing Association, Faridabad.
 - (iv) Health Talk was arranged on 23.01.2020. Dr. Sushma Sharma, Sr. Neuro Physician, Metro Heart Institute with Multispecialty, Faridabad delivered a talk on ‘Prevention and Treatment of Migraine- Headache’.
 - (v) Workshop on ‘Road Safety Awareness’ was organized in the college on 28.01.2020.
 - (vi) Health Talk was organized on 06.02.2020 on the Topic ‘Diabetes’. Dr. Sandeep Kharb, Senior Consultant-Endocrinology from QRG Health city, Faridabad was the invited speaker. Sh. Sandeep Kumar Bhuttan, Head, sales and marketing, QRG health city, Faridabad was the guest of Honour.
- No. of Youth Red Cross Camps organized by the College: 01
05 Days District level Health Awareness/Training Camp
Period: 16.12.2019 to 20.12.2019
Venue: Aggarwal College Ballabgarh
No. of participants: 59 (06 YRC Counselors & 53 YRC Volunteers)
- World Red Cross Day Celebrated: Yes
Date: 08.05.2020
Venue: DRCS Faridabad
No. of participants:10
- No. of Days and Week Celebrated: 05

International Yoga Day	21.06.2019	100 (Volunteers)
Independence Day	15.08.2019	100 (Volunteers)
World AIDS Day	02.12.2019	150 (Volunteers)
National Youth Day	11.01.2020	150 (Volunteers)
Republic Day	26.01.2020	100 (Volunteers)
- No. of Awareness Rallies & other Programmes organized: 07

Sr.No	Theme/Subject of the Rally	Date	Venue	Participants
1	Restoration work of Rani Ki Chhatri, Blb	29.07.2019	Civil Hospital Blb	50
2	HIV/AID Awareness and Drug De-addiction programme	25.09.2019	Aggarwal College Blb	100
3	Rally on Swachhta Abhiyan	03.10.2019	Aggarwal College Blb	100
4	Voter’s Awareness Rally	04.10.2019	Aggarwal College Blb	100
5	Rally on World AIDS Day	02.12.2019	Aggarwal College Blb	100



6	Woollen Jersey Distribution to needy & poor students	28.01.2020	Aggarwal College Blb	50
7	Red Cross Centennial Function	09.03.2020	Aggarwal College Blb	10

- Blood check-up camps organized with DRCS, Faridabad and Divine Charitable Blood Bank, Faridabad: 01
 Period: 04.11.2019
 Venue: Aggarwal College Ballabgarh
 No. of Participants: 150
 Total No. of Blood Units collected: 106
- Thalassaemia Check-up Camp with Rotary Club of Delhi South Central and Foundation Against Thalassaemia (Regd.):01
 Period: 18.12.2019
 Venue: Aggarwal College Ballabgarh
 No. of Participants: 100
- General Health Check-up camp with QRG Health city Faridabad:01
 Period: 06.02.2020
 Venue: Village Chandawali, Ballabgarh
 No. of Participants: 142

22. Name of College : Govt. College For Girls Sec. 14, Gurugram
Name of Principal : Dr.Vijay Adlakha
Name of the YRC, Counsellor : Mrs. Indu Rathee

- A Blood donation camp was organized in our college on Sept.19, 2019 by Red Cross and Red Ribbon committee in association with District Red Cross Society, Sec. 15, Gurugram. The camp inaugurated by Mrs. Krishna Khatri, mother of our honourable DC Mr. Amit Khatri. Approximately 500 students were screened for blood donations, but most of the girls of our college were found to be anemic. As a result, only 24 units of blood were collected from students who were found to be fit for blood donation.
- An Orientation Program was organized by the MDU, Rohtak on Nov. 5, 2019 for volunteers and councilors of Red Cross Committee. Mrs Indu Rathee Convenor, Red Cross committee attended the program along with 32 Red Cross volunteers from our college. In this program volunteers were briefed about the important YRC guidelines. Students were motivated to actively participate in human service orientated activities and to motivate people for blood, eye and organ donation, Mrs. Indu Rathee convenor of Red Cross committee also received University award in appreciation of devoted service in the field of YRC for the year 2018.2019.
- YRC volunteers successfully completed the Deworming of students in our college on 8th August 2019. Also a MOP UP was accomplished on 16th August, 2019 for the leftover students. IN this event the volunteers gave tablets to the students and made the students take Albendazole tablets in their presence, approx. 1200 students were dewormed in this program. The same event was organized again on 10 Feb. 2020. In this event, 1676 students were given tablets on 10th 2020 and follow up for the students who missed the dose on 10 Feb. 2020 was done on 17TH Feb. 2020. In this event 1676 students were given tablets on 10TH Feb. 2020. And on mop up day i.e. 17th Feb. 2020, 362 students were given tablets.



Youth Red Cross



- A district-level 5-day youth Red Cross camp was organised from 04 Feb. 2020 to 8 Feb. 2020 in our college in association with Youth Red Cross Society, Sec 15, Gurugram. In the camp total 100 students from different colleges of the Gurugram district participated along with their YRC counsellors. The inauguration was done by our worthy Chief Guest Mrs. Krishna Khatri. She encouraged students to take part in Red Cross voluntary services to the community. The secretary of Youth Red Cross Society, Sec 15 Sh. Mahesh Gupta, introduced the history, foundation of Red Cross by Sir Jean Henry Dunant and activities involved in Red Cross Society.
- The camp included prevention from heart diseases by DR. VIPIN ARORA students were trained to give CPR (Cardio- pulmonary Resuscitation) to restore breathing and blood circulation in a person who is in cardiac arrest. Importance of yoga and naturopathy in improving our health was emphasised by Dr. Archana Mendiratta.
- On 5th Feb, 2020 Skill development session by DR. RAJESH PARSAD was especially liked by all the students as it highlighted various career opportunities for students. Dr. Sachin from Civil Hospital, Gurugram gave a talk on Deaddiction from alcohol or any other type of drugs. Also Dr. Shikha Garg informed students about AIDS and other sexually transmitted diseases.
- On 6th Feb, 2020 Sh D. V. Taneja distributed bags made of clothes to students and encouraged the students to use minimum plastic. A NO PLASTIC rally in support of Swachh Bharat Abhiyaan was also launched. Programme was followed by cultural activities by volunteers.
- On 7th Feb, 2020, a mock drill was undertaken by Fire brigade office under the supervision of Mr. Sunil Adlakha. Cyber Crime awareness by Advocate K S Ahlawat and discussion of legal matters by Sh. Ralpal Mor were also carried over.
- Besides all the informative and ability enhancing lectures, students were engrossed in activities like musical chair race and cultural activities. On final day of camp, Debate, Quiz and speech competitions were carried out to find the best college team in the camp. The best college award was won by our own college. The inauguration and closing were both done by our worthy Chief Guest Mrs. Krishna Khatri. She distributed prizes to the winners and praised the work done by the Red Cross team in imparting their voluntary services to the community.
- The best volunteers selected in the above camp were sent to attend the State Level Workshop on Disaster Management, organised by GVM College, Sonipat on Feb17- Feb18, 2020.

(Prof. Randeep Rana)
Programme Co-ordinator



Tentative Calendar of Activities 2020-2021 (From 1st August 2020 to 31 July 2021)

August, 2020

1. Creating awareness about Youth Red Cross and motivating students for joining Youth Red Cross
2. Constitution of Y.R.C Committee for the year 2020-21
3. Celebration of International Youth Day by Tree Plantation on MDU Campus
3. Enrolments of Youth Red Cross Volunteers in all the Colleges/Institutions and UTD for the year 2020-21
4. Nomination of Youth Red Cross Counsellors in the Colleges and MDU Campus
5. Annual Meeting and Printing of Progress Report and Y.R.C Bulletin

September, 2020

1. Orientation course for YRC Volunteers and Counsellors of UTD & Colleges affiliated with MDU Rohtak
2. District level meetings of Y.R.C Counsellors and Principals organised by District Convenors and as per past practice each District Convenor must adopt one village for health awareness/health screening for the residents of the village
3. Celebration of International Peace Day on 21.09.2020 at MDU Campus
4. One day workshop on “Women Security and Self-Defence” and Beti Bachao Beti Padhao for YRC Volunteers and Counsellors of UTD and Colleges affiliated with MDU Rohtak
5. One-day University Level Disaster Management Workshop for Principals, YRC Counsellors, and Volunteers of UTD and Colleges affiliated with MDU Rohtak

October, 2020

1. Celebration of All India Voluntary Blood Donation Day (1st October) and Blood Donation Camp for YRC Volunteers and Counsellors of UTD and Colleges affiliated with MDU Rohtak
2. “Anti-Drug” and “Say No to Alcohol” Campaign and “Swachhta Abhiyan” (Cleanliness Drive) on 2nd October at MDU Campus for YRC Volunteers and Counsellors of UTD & Colleges affiliated with MDU Rohtak
3. 7 days Health Awareness/Training Camp for Boys & Girls at MDU Campus for YRC Volunteers and Counsellors of UTD & Colleges affiliated with MDU Rohtak

November, 2020

1. First-Aid Training Camp at MDU Campus for Volunteers of UTD and Local Colleges
2. One day programme on Cyber Security at MDU for YRC Volunteers and Counsellors of UTD & Colleges affiliated with MDU Rohtak and Students and Staff Members of MDU
3. Workshop on Health & Hygiene and Pain management for YRC Counsellors and Volunteers of UTD & Colleges affiliated with MDU Rohtak
4. To organize counselling sessions Workshops/Seminars on Post COVID PSYCHO-SOCIO problems to redress the Personal and Professional Problems of Students and Staff of UTD and Local Colleges
5. Workshop on Water Conservation/जल ही जीवन है for YRC Volunteers and Students of UTD and local Colleges affiliated with MDU, Rohtak

December, 2020



1. Celebration of World AIDS Day (1st December) at MDU Campus for YRC Volunteers of UTD & Local Colleges affiliated with MDU Rohtak
2. Programme on “International Day of People with Different Ability” (3rd December) at MDU Campus
3. 7 days Health Awareness/Training camp for Boys & Girls of UTD and Local Colleges at MDU Campus Rohtak
4. Activity/Programme on Polythene Free MDU Campus through YRC Volunteers of UTD and Local Colleges

January, 2021

1. 9 days Health Awareness Camps for Boys of UTD and Colleges affiliated with MDU Rohtak (**Outside Haryana**)
2. 9 days Health Awareness for Girls of UTD and Colleges affiliated with MDU Rohtak (**Outside Haryana**) outside Haryana
3. Celebration of Rastriya Yuva Diwas (12th January) at MDU Campus

February, 2021

1. 7 Days All India Inter University Health Awareness/Training camp (with the collaboration of Haryana State Red Cross) for YRC counsellor and volunteers
2. Workshop on Use & Abuse of social media at MDU for YRC Volunteers and Counsellors of UTD and Colleges affiliated with MDU Rohtak
3. Workshop on Stress Management at MDU Campus for YRC Volunteers and Counsellors of UTD and Colleges affiliated with MDU Rohtak

March, 2021

1. Traffic rule/ Road safety awareness workshop/rally for YRC Volunteers and Counsellors of UTD and Local Colleges
2. 7 days Health Awareness Camp at MDU Campus for Boys & Girls of UTD and Local Colleges

April, 2021

1. Celebration of World Health Day (7th April) at MDU Campus
2. First-Aid Training camp at MDU Campus for YRC Volunteers of UTD and Local Colleges
3. Counselling session for redress of personal and professional problems of students and staff members of UTD and Local Colleges
4. Blood Donation camp at MDU Campus

May, 2021

1. Celebration of Red Cross Day (8th May) by Youth Red Cross MDU Rohtak at MDU Campus or at any College affiliated with MDU Rohtak

June, 2021

1. International Blood Donors Day (14th June) at MDU Campus for YRC Volunteers of UTD and Colleges affiliated with MDU Rohtak
2. Celebration of International Yoga Day (21st June)
3. Celebration of National Anti-Drug Addiction Day (26th June) at MDU Campus

July, 2021

1. One Day University level Health Check-up camp for girls and female staff member at Mini Health Centre, M.D.U, Rohtak
2. One Day University level Health check-up camp for boys and male staff member at Activity Centre M.D.U, Rohtak
3. Blood/Organ Donation camp at MDU Campus
4. To organise a Joint meeting of Zonal Conveners and Secretaries of District Red Cross Branches (Under M.D.U, Rohtak)
5. 7 Days YRC Health Awareness/Training Camp for Boys and Girls of UTD & Local Colleges at M.D.U Campus



6. 9 Days Health Awareness Camp for Boys for YRC Volunteers of UTD and Colleges affiliated with MDU Rohtak (**Outside Haryana**)
7. 9 Days Health Awareness Camp for Girls for YRC Volunteers of UTD and Colleges affiliated with MDU Rohtak (**Outside Haryana**)

Note:

- A. **Blood donation camp will be organized from time to time as per requirement of Blood Bank and availability of Donors.**
- B. **Other activities will be done as per requirement and directions of Vice-Chancellor-cum-Chairman, University Youth Red Cross Committee, M.D.U Rohtak.**
- C. **The date of activities and venue are liable to be changed as per availability of place and convenience, with the permission of Vice- Chancellor-cum-Chairman, University Youth Red Cross.**
- D. **This Calendar of Activity is for session 2020-21 and is subject to the approval of YRC Committee.**



Youth Red Cross



MAHARSHI DAYANAND UNIVERSITY ROHTAK
UNIVERSITY YOUTH RED CROSS COMMITTEE
(Room NO. 104, Mechanical Block, UIET Building)
Contact: 01262-393156, Email:uyrc@mdurohtak.ac,



Enrolment Form for (UTD YRC Volunteers) for the Session 2020-21

1. Name of the Student : _____
2. Father Name : _____
3. Male/Female : _____
4. Age : _____
5. Date of Birth : _____
6. Blood Group : _____
7. Roll Number : _____
8. Class : _____
9. Department : _____
10. Correspondence Address : _____
: _____
11. Mobile No. : _____
12. Previous Service of Youth Red Cross : _____
If yes give details : _____
13. Were you a member of Y.R.C : _____
last year, if yes give details : _____
14. Hobbies : _____
15. Which Social Service you will prefer : _____
16. Email Address : _____

(Signature)
Y.R.C. Volunteers

Recommended by HOD



Youth Red Cross



(Signature)



MAHARSHI DAYANAND UNIVERSITY ROHTAK
UNIVERSITY YOUTH RED CROSS COMMITTEE

(Room NO. 104, Mechanical Block, UIET Building)
Contact: 01262-393156, Email: mduyrcrohtak@gmail.com



Enrolment Form for (YRC Volunteers) for Colleges/Institutions for the **Session 2020-21**

1. Name of the Student : _____
2. Father's Name : _____
3. Male/Female : _____
4. Age : _____
5. Date of Birth : _____
6. Blood Group : _____
7. Roll No. : _____
8. Class : _____
9. Department : _____
10. Correspondence Address : _____
: _____
11. Mobile No. : _____
12. Previous Service of Youth Red Cross : _____
If yes give details : _____
13. Were you a member of Y.R.C. : _____
Last Year, if yes give details : _____
14. Hobbies : _____
15. Which Social Service you will prefer : _____
16. Email Address : _____

(Signature)
Y.R.C Volunteers

Recommended by Principal

(Signature)



Youth Red Cross



Counsellor
Youth Red Cross



UNIVERSITY YOUTH RED CROSS
MAHARSHI DAYANAND UNIVERSITY ROHTAK
(A state University established under Haryana Act NO. 25 of 1975)
NAAC Accredited 'A+' Grade
Room No.104, Mechanical Block, UIET, Building
Contact No. 01262-393156 Email: mduyrcrohtak@gmail.com



APPLICATION FORM FOR CAMP

(Fill up in Block Letters)

1. Name of the Camp/Course _____
2. Date of the Camp/Course _____ to _____
3. Name of the Applicant _____
4. Father's Name _____
Mother's Name _____
5. Dept./College/Institution _____
6. Class & Roll No, _____
7. Date of Birth _____ Age _____
8. Address for Correspondence _____

Affix your latest
passport size
photograph
attested by
Principal/Head
Inst.

9. Telephone Number /Mobile Number _____
Permanent Home Address _____

- Telephone Number/Mobile Number _____

10. Vegetarian/Non-Vegetarian _____

11. Details of Previous Camps/Courses/Activity attended:

Name of the Camp/Course/Activity	Dates	Place

12. Any Special Qualification /Training/Hobbies/Experience/Relating to Youth Red Cross.

- a) _____
- b) _____
- c) _____

13. Hobbies (Singing, Dancing, Theatre, Fine art, Literary, Sports, etc.)

- a) _____
- b) _____
- c) _____



Signature of Applicant

RISK CERTIFICATE

I hereby solemnly declare that the above particulars are correct to the best of my knowledge and belief and that if I am selected, I shall strictly abide/ adhere by the Rules and Regulations of the Camp /Course and shall be a disciplined member of the Camp/Course failing which, I will be liable of expulsion.

I also declare that if I am selected, I shall attend the Camp/Course at my own risk and neither I nor my parents/ guardian will claim any compensation in case of illness/mishap/ injury /accident of any kind affecting me.

I shall be wholly responsible for any dispute/police case if happened due to my carelessness /irresponsible activity at site.

Place _____

Date _____

Signature of the Applicant

It is certified that I agree to details my Son/Daughter Mr/Ms _____ for the camp/course /training /activity /for which he/she has applied. In case of any illness /injury/mishap /accident of any kind affecting my son/daughter, I will not claim any compensation and will not hold the Host Institute/Youth Red Cross M.D. University, Rohtak or its staff wholly or partially responsible for the same.

Place _____

Date _____

Signature of the Father/Guardian

RECOMMENDATION OF THE HEAD /PRINCIPAL OF THE DEPARTMENT/COLLEGE/INSTITUTION

I hereby certify that the applicant Mr/Mrs. _____ of Class _____ Roll No. _____ of my Dep./College/Institution is recommended as being the most suitable student for the said camp/course /activity. The student has been found fit after medical examination Medical Certificate is enclosed to join/undergo the said camp activity at his/her own risk and that no compensation will be payable in case of any illness /mishap /injury /accident of any kind.



Youth Red Cross



Signature of Y.R.C. Counsellors
concerned College/Institution

Signature of the Head/Principal
With Office Seal



MAHARSHI DAYANAND UNIVERSITY
YOUTH RED CROSS



Application form for Merit Certificate

(To be filled in by the Y.R.C. Volunteers)

University Y.R.C Merit Certificate for the Year _____

Name of the Recommending College/Deptt. _____

Name of The student (As per Academic Certificate) _____

Class/Roll Number _____

Father Name (as per academic certificate) _____

ACHIEVEMENT AND PARTICIPATION IN Y.R.C. ACTIVITIES

1. FIRSAID-TRAINING

A-Certificate no. _____

B- Place of Training camp _____

C-Date of Training camp _____

2. Participation in camps

A - Camp organized by _____

B - Date of Camp _____

C - Place of Camp _____

3. Participation in two international /National day / Week Celebrated by University /College concerned

Name of Event	Date of Event	Place	Remarks
1 _____	_____	_____	_____
2 _____	_____	_____	_____

4. Details of Voluntary Service Rendered

Sr.No	Name of Event	Date	Place	Under supervision
.				
1.				
2.				
3.				
4.				
5.				



5. Blood Donation

A, Blood Donor

B. Blood Donor Motivator

Date of Donation	Registration No.	Place of Donation	Place of Motivation	No. of Donor Motivated	Period of Motivated
1					
2					
3					

If the above facts found incorrect/false, I shall be responsible for the same.

Signature of Y.R.C Volunteers

The above candidate has been considered by the College level Y.R.C. Committee Meeting held on 17.08.2019 and approved to recommend for the **Award of University Y.R.C. Merit Certificate** for the aforesaid session. The facts submitted by the Volunteers are true and correct as per record.

Signature of The Principal of the Institution with seal

Y.R.C Counsellor with seal



Criteria for Youth Red Cross Merit Certificate

1. FIRST AID TRAINING

The volunteer should be trained in First Aid having Sr. First Aid valid certificate.

2. Participating in following Camps

- A. District Level Youth Red Cross Training Camp
- B. State level Youth Red Cross Training Camp.
- C. University Level Youth Red Cross Training Camp.
- D. National Level Youth Red Cross Training Camp.

Out of above 4 camps, participation in 2 camps is mandatory

3. Participation in the international/National Days & Week and the programmes celebrate by the University / Colleges concerned. Participation in celebration of two important days is mandatory.

4. Voluntary Services

- A. Voluntary services during any disasters /calamity by setting an example of helping /saving lives.
- B. Duty on First Aid post. Established during festivals, Rallies, Sports Meets etc.As trained First Aider to help the sick and wounded.
- C. University /College /Institution constituted under Y.R.C.
At present no Brigade Division is established at University and College Level.
- D. Voluntary Blood Donor and voluntary blood donation motivator, who has voluntarily donated blood at least two times during last two years duration.
- E. He/ She can deliver lecture of various subjects as per principles of Red Cross.
- F. Participation and performance during awareness rally/ rallies on Environment/tree plantation and other social issues during the year as per Youth Red Cross Guidelines.
- G. University and College may add any other activities as is deemed fit as per objectives of Red Cross.

Items No. 4 (A to G) Youth may participate any of the three programme among which the condition suggested under point No. 4(d) should be preferred.



PROFORMA FOR ANNUAL REPORT OF YOUTH RED CROSS

1st August, 2019 to 31st July, 2020

1.	Name of the University/College/Institution	
2.	No. of Registered Counsellors	
3.	No. of Students on roll	
4.	Activities organized in the University/College/Institution (Please attach a separate sheet mentioning each activity in detail)	
5.	Number of poor & needy students helped out of Red Cross fund. i) University / College / Institution ii) No. of student given clothes iii) No. of Students given books. iv) No. of Students given medicines	
6.	Income during the year by collecting Red Cross subscription	
7.	Expenditure during the year on Welfare of students and other activities	
8.	No. of Youth Camps attended by Students	
9.	No. of blood donation camps organized and no. of donor donated blood	
10.	Community project (Attach brief reports)	
11.	Youth Red Cross budget approved by the Executive Committee or University / College (Details of budget may be given)	
12.	How much Red Cross fund fee is charged from each student	
13.	Balance amount in Red Cross fund on previous financial year	
14.	Audit of Youth Red Cross fund. Attach Audit Report of financial year	
15.	Details of deposits amount. Name of Bank Saving Account/Current Account	
16.	Any other information (Please use extra sheet if required)	

Signature & Seal of Principal

Note: The Annual & Audit Report should be submitted to the University concerned by the colleges/Institutions and University will further submit the reports along with the annual Youth Red Cross subscription to the office of Hony. Secretary, Indian Red Cross Society, Haryana State Branch, Chandigarh.



Criteria for Sir Jean Henry Dunant Trophy for Best College in YRC Activities from the session 2019–20

Minimum Qualifying Marks: 40,

Maximum Marks: 90

A. Essential Conditions to consider the College/ Institution for Trophy

1. Constitution of College Level YRC Committee.
2. Nomination of YRC Counsellor
3. Enrolment of YRC Volunteers
4. Opening of Separate YRC bank account/ maintain separate accounts in ledger (for 2020-21)

B. Activity Bases:-

S. No.	Activity	Maximum Marks
1	Organisation of 05/07 days District Level Health Awareness/Training Camp (05 marks for each camp)	10
2	Organisation of 05/07 days First Aid Training Camp (05 Marks for each camp)	10
3	Participation in National/State /District/University Level Camp(05 marks for each participation)	10
4	Workshop/Activities attended by YRC Volunteers organized by MDU Rohtak(02 mark for each participation of 5 volunteers and the counsellor)	10
5	Awareness Workshop/Camp/Activities organized by college on the theme related to YRC (02 marks for each)	10
6	Celebration of National/International Days by college on the theme related to YRC (02 marks for each)	10
7	Blood Donation Camps (05 marks for each Camp)	10
9	Health Check-up camp organised by the college (04 marks for one camp, 04 for the follow up or second camp in college campus and 07 marks for the camp organised in the village adopted)	15
10	Proper Annual report with photos and documentary evidence/proof	5
	Total marks	90

Note: In case of more than one College/Institute scoring equal marks, the trophy will be awarded for that session to each one.



STATE YOUTH RED CROSS AWARDS

The Criteria for Youth Red Cross Awards is as under:-	
<i>Category</i>	<i>Criteria for Awards</i>
<p>1. For Universities (Institutional Awards)</p> <p>Vice-Chancellor or his/her nominee will receive award in AGM</p>	<p>a. First Aid Training in the Universities should be minimum of 10% of the total strength of students of University campus.</p> <p>b. Minimum one, one day Youth Red Cross seminar and camp to be organized for the strength of 50 students.</p> <p>c. Minimum one voluntary blood donation camp be arranged during the financial year with minimum 50 donors</p> <p>d. Celebration of World Red Cross Day on 8th May (Birth Anniversary of Sir Jean Henry Dunant, founder of Red Cross should be celebrated on 8th May on any other convenient day during the year), 12th August as fund raising day etc.</p> <p>e. Celebration of important days & weeks (14th June Blood donors Day, 1st October All India Voluntary Blood Donation Day, 1st December, World AIDS Day</p> <p>f. Awareness rally/rallies on Environment/Tree Plantation during the year</p> <p>Youth Red Cross share should be cleared by 28th February of every year by the Universities for the same financial year</p>
<p>2. Individual Award for Programme Co-ordinator, Youth Red Cross of the University</p>	<p>This individual award will be given to those Programme Co-ordinators, Youth Red Cross of the Universities, whose university will be selected for the institutional awards on the basis of their outstanding performance</p>
<p>3. For Colleges/Institutions (Institutional Awards)</p> <p>Principal of the College will receive award in AGM</p>	<p>a. First Aid and Home Nursing Training in the Colleges should be minimum of 10% of total students in the college</p> <p>b. Minimum one, one day Youth Red Cross seminar and camp with minimum 50 students</p> <p>c. Minimum one voluntary blood donation camp be arranged during the financial year with minimum 25 donors</p> <p>d. Celebration of World Red Cross Day on 8th May (Birth Anniversary of Sir Jean Henry Dunant, founder of Red Cross should be celebrated on 8th May on any other convenient day during the year), 12th August as fund raising day etc.</p> <p>e. Celebration of important days & weeks (14th June Blood Donors Day, 1st October All India Voluntary Blood Donation Day, 1st December, World AIDS Day</p> <p>f. Awareness rally/rallies on Environment/Tree Plantation during the year</p>
<p>4. Counsellor's Award (Individual Award for the Counsellors of Youth Red Cross at Universities and Colleges)</p>	<p>The Counsellor awards will be given to those Counsellor who's University/College will be selected for the Institutional awards on the basis of their outstanding performance.</p>



रक्तदान महादान

वतन पर अभिमान करिए,
स्वयं भी स्वाभिमानी बनिए
किसी की जिंदगी पर बनी हो,
तो रक्तदान कर
रक्तदानी बनिए....



Name - Sweety
F'name-Shri bhagwan
class - B.sc final yr (n.m)
roll no. - 11139
clg - A.i.j.h.m.clg.rtk
I'd - sweetyhooda304@gmail.
com
phone no. - 9913242606

